

WORK AREA:	Parent Carer Forum (PCF)
BOARD/ STRATEGIC MEETING:	Shared across boards/work streams
PARENT REPRESENTATIVE:	PCF Team
REPORTING PERIOD:	1 st April – 31 st May

PARTICIPATION COVERED WITHIN THIS PERIOD:	<ul style="list-style-type: none"> • SENI services • Seldom Heard Communities • Parent/carer coffee and Signposting sessions • Summer Barbecue, parent/carer pamper session and Activity world session
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FORUM VIEWS/ ISSUES/ PROGRESS

- Progress on priorities within forum
- Highlight areas of difficulty in achieving any outcomes
- Performance against targets/ measurers (Outcomes Matrices)
- Forum concerns/ issues

New Outcomes Matrix for 2022/ 2023 PCC grant

FVP are on target with all three outcomes as measured by the activity occurring. (see progress in blue)

Outcomes	Examples of	Output/activity	How Measured
Parent's resilience and confidence is improved through peer-to-peer support, access to information and guidance and signposted to services/professionals		Parent reps and FVP activities (drop-ins, hub, online sessions and activities to facilitate participation), surveys and meetings identify barriers and challenges, issues and ideas. Training (Experts by Experience, Challenging Behaviours and Mental Wellbeing workshops) are subject to CCG/ICS funding.	Quarterly reporting on data, analysis, findings and feedback, Topics of importance highlights emerging experiences, challenges and barriers parent/ carers face. You said we did, annual reports
		<ul style="list-style-type: none"> • 2 Parent coffee and signposting session • Parent carer Listening event. • Parent/carer pamper session. • FVP Summer Barbecue • Easter eggs for families 	
Representation and reporting of parent's voices at strategic and operational boards across SEND results in making parent and		Sharing information and practices, providing insight and lived experience with Officers, VCS, Health colleagues,	



Title: **Forum Highlight Report FORM**

File Ref: FVP-FM-127

Version: 2

Date of Issue: 27/06/2019

Page: Page 2 of 7

<p>child experiences visible, and contributes to service policy, and practice improvements</p>	<p>schools/education. Reporting back to parents on actions, improvements etc Contributing to Ofsted inspections, CQC, local offer etc</p> <p>Reaching out to seldom heard groups for their views/experiences</p> <ul style="list-style-type: none"> • 9 café meet and eat sessions. • 3 Topics of Importance • Seldom Heard session 	
<p>Building trust and improving relationships between PCC services and parents</p>	<p>Developing relationships e.g., with settings, schools, SENCO network, parents evening, between education settings, PCC and Parent/carers.</p> <ol style="list-style-type: none"> 1. Attending parent/carer listening event with partners from PCC and Health 2. SENCO network event 3. Attending school sessions 	<p>Self-reporting surveys and feedback from parents.</p>

BUDGET PERFORMANCE IF APPLICABLE (Narrative)

- Overview of performance against budget
- Difficulties and risks

Work is ongoing to enable financial stability for FVP with funding being sought for 23/24 and 24/25 in the form of grants and other funds. At the moment enough funds have been secured to ensure appropriate staffing levels for 23/24 to enable capacity within the PCF.

Business planning is underway that takes account of exploration of income generation as an extra way of achieving sustainability.

A new team of new parent reps started earlier this year to ensure effective meeting attendance as well as other events where parent/carers can be supported. Lack of parent reps leads to risk with FVP in relation to capacity especially for meeting attendance. There are on average 20 to 30 hours a week of meetings a week requiring PCF involvement as well as document reviews, stalls at CDC clinics, schools and other events.

Data sources and Details (Engagement Levels)

- Overview of parent carers engaging (numbers new and recurring)
- Data sets
- Demographics where known
- Numbers of surveys/ facebook polls/ session attendance -

Participation and involvement from Parents/carers in April & may 2023

Adult Gender	Male	2
	Female	22
	Other	0

New / Returning PC	New	24
	Returning	29

Parent Carer Direct Contact	Web Form	10
	Parent Contact Form	0
	In Person	0
	Email	2
	Phone	7

Ethnicity	31 st March 2023	Re-engaged/ New (April & May 2023)
White British	238	16
Gypsy or Irish Traveller	2	2
Roma	1	1
Any Other White background	29	0
White and Black Caribbean	0	0
White and Black African	0	0
White and Asian	0	0
Any Other Mixed or Multiple Ethnic Background	9	1
Indian	13	0
Pakistani	17	3
Bangladeshi	0	0
Chinese	2	0
Any other Asian Background	0	2
African	13	1
Caribbean	0	0
Black British	1	1
Any Other Black or Caribbean Background	0	0
Arab	0	0
Any Other Ethnicities	6	0
Rather Not say	0	0

Unknown

105

21

CCG/ Training	Date	Number of Adults
AHG Pamper Session	18/5/23	5
EPS Parent Carer Hub Session	20/4/23	2

Information and Awareness	Date	Number of Adults
SHCF Face to Face Session	6/4/23	4
Argo Lounge Coffee Session	19/4/23	4

Family Based Event/Activity	Date	Number of Adults	Number of Children
Easter Eggs 2023	03/04/2023	7	0
Community Cafe	5/4/23	19	3
Community Cafe	12/4/23	25	9
Community Cafe	19/4/23	24	2
Litterpick	1/4/23	7	7
Community Cafe	26/4/23	19	2
Community Cafe	03/05/2023	14	2
Litterpick	06/05/2023	11	11
Summer Barbecue	06/05/2023	45	36
Community Cafe	10/05/2023	22	2
Community Cafe	17/05/2023	21	2
Community Cafe	24/05/23	18	1
Activity World	26/05/23	30	62

Workshops, Focus Groups and School Sessions	Date	Number of adults
Beeches Coffee morning	16/5/23	5
Newborough Coffee morning	23/5/23	7

Your Say Form – 15 Responses (more still to be recorded)

PARENT REPRESENTATIVE VIEWS/ ISSUES/ ROLE

- Meetings attended (Title/ Number)
- Hours Devoted to forum work
- Methods used to gather parent carer views
- Number of parent carers being represented
- Any concerns identified by parent rep and who these have been fed back to
- Views/ Concerns Taken to Meetings
- Themes/ Topics taken from meetings

Rep Meeting Attendance

Our parent representatives have covered a wide range of meetings, including:

- Peterborough Accelerated Progress Plan
- 5 day offer and transitions to college and out of college
- EHCP improvement meeting/SEND strategy.
- Children, Young People and Families Co production Collaborative
- PfA Health Group
- Carer Friendly Tick Steering Group
- CWD Operational Group
- Peterborough SEND Operations Group
- Carers Programme Board
- Personalised Care Working Group
- Children and Young People's Mental Health and Wellbeing Board
- PCC SEND Communications Group
- PCC SEND Forum
- Mult-agency QA Audit
- SENDIASS Steering group
- PCC Send Communications Group
- Carers Programme Board
- Lv 2 Statutory Processes Training - EHC Needs Assessment Requests
- Travel training Resource and launch working group
- Lv 2 Statutory Processes Training - Annual Reviews of EHC Plans
- Statutory Processes Training – Governors
- Disability forum
- PfA Steering Group
- ER SEND Forum
- PfA Independent Living Working Group Meeting

PARENT CARER VIEWS/ ISSUES

- Views Via You Said – We Did
- Complaints/ Concerns
- Compliments
- Your Say Form

Parent Carer resilience is very low. Parents are feeling stressed and overwhelmed, they do not have the capacity to take care of their own mental health and well-being. As well as caring for their children and ensuring that their needs are met at home as well as school, Parent Carers reported that they experience a lot of worries due to the cost-of-living increase and are struggling to pay their energy bills. Due to this we continue to help those in need by providing food parcels and/or a listening ear when they need to get things off their chest.

Parent Carers also reported that there isn't enough support at schools for those children who experience mental health difficulties. They report that often they are not believed and need to reach a crisis point before any help is received. We signpost parent to the relevant services and are reporting this to the relevant boards/group meetings.

Due to the lack of support from schools', parent carers feel that they need an EHC plan in order to receive appropriate support. This puts a lot of pressure on the Local Authority as they have an unprecedented number of requests. We strive to work with schools and Local Authority to ease those pressures as well as inform parents of their own rights and where to get the needed help.

Respite and short breaks have also been an issue for our Parent Carers. They say that the only times they hear about any short breaks provision is from FVP and they feel confused about who is eligible and how to access it. There is a new short breaks specification on the Local Offer (also known as Peterborough Information Network) to help parents navigate the system.

Example of Parent Carer Concern:

'Previously being told you don't meet the threshold Domestic violence from your child is serious and mentally draining and challenging as a single parent'

'As a parent its hard to adapt to nerodiverse child Having charities to talk to for support is supportive when you have school refusal you feel very isolated'

Parent carers thanked us for our continuous support:

'Thank you for being here and for all the support you have given to our family. It is good to know that someone is out there who understands our difficulties and is able to help with the information as well as food support.'

School Specific (IF RELEVANT)

- Schools Offer Update
- Details on any work with schools (setting etc)
- Details on parent carers engaging at setting level

Engagement occurred at two schools in May – Beeches and Newborough

Generally people reporting feeling the coffee sessions were beneficial



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Date of Issue:	27/06/2019	Page:	Page 7 of 7

Main themes picked up were a desire for more information relating to services for CYP with SEND and parental wellbeing often goes unsupported.

OTHER (IF RELEVANT)

- Feedback from other groups
- General feedback about wider issues/ services
- Planned changes/ work

Not Applicable at this time