

<b>WORK AREA:</b>	Parent Carer Forum (PCF)
<b>BOARD/ STRATEGIC MEETING:</b>	Shared Across Boards/work streams
<b>PARENT REPRESENTATIVE:</b>	PCF Team
<b>REPORTING PERIOD:</b>	<b>1<sup>st</sup> June – 30<sup>th</sup> June</b>

<b>PARTICIPATION COVERED WITHIN THIS PERIOD:</b>	<ul style="list-style-type: none"> <li>• Schools sessions</li> <li>• SENI services</li> <li>• Seldom Heard Communities</li> <li>• Parent carer coffee and signposting session</li> </ul>
--	--

### FORUM VIEWS/ ISSUES/ PROGRESS

- Progress on priorities within forum
- Highlight areas of difficulty in achieving any outcomes
- Performance against targets/ measurers (Outcomes Matrices)
- Forum concerns/ issues

New Outcomes Matrix for 2023/ 2024 PCC grant

FVP are on target with all three outcomes as measured by the activity occurring. (see progress in blue)

Outcomes	Examples of	Output/activity	How Measured
Parent's resilience and confidence is improved through peer-to-peer support, access to information and guidance and signposted to services/professionals		Parent reps and FVP activities (drop-ins, hub, online sessions and activities to facilitate participation), surveys and meetings identify barriers and challenges, issues and ideas. Training (Experts by Experience, Challenging Behaviours and Mental Wellbeing workshops) are subject to CCG/ICS funding.	Quarterly reporting on data, analysis, findings and feedback,  Topics of importance highlights emerging experiences, challenges and barriers parent/ carers face.  You said we did, annual reports
		<ul style="list-style-type: none"> <li>• <a href="#">Healthy You session</a></li> <li>• <a href="#">EPS and SENDIASS Sessions</a></li> </ul>	
Representation and reporting of parent's voices at strategic and operational boards across SEND results in making parent and child experiences visible, and contributes to service policy, and practice improvements		Sharing information and practices, providing insight and lived experience with Officers, VCS, Health colleagues, schools/education. Reporting back to parents on actions, improvements etc Contributing to Ofsted inspections, CQC, local offer etc	

	<p>Reaching out to seldom heard groups for their views/experiences</p> <ul style="list-style-type: none"> <li>• 4 café meet and eat sessions.</li> <li>• Attending Child Development Centre</li> <li>• 'Next Steps' session with parent carers and health partners</li> </ul>	
<p>Building trust and improving relationships between PCC services and parents</p>	<p>Developing relationships e.g., with settings, schools, SENCO network, parents evening, between education settings, PCC and Parent/carers.</p> <ol style="list-style-type: none"> <li>1. Attending parent/carer listening event with partners from PCC and Health</li> <li>2. Attending school sessions</li> </ol>	<p>Self-reporting surveys and feedback from parents.</p>

#### BUDGET PERFORMANCE IF APPLICABLE (Narrative)

- Overview of performance against budget
- Difficulties and risks

**Not applicable at this time**

#### Data sources and Details (Engagement Levels)

- Overview of parent carers engaging (numbers new and recurring)
- Data sets
- Demographics where known
- Numbers of surveys/ facebook polls/ session attendance -

#### Participation and involvement from Parents/carers in June 2023

Adult Gender	Male	3
	Female	11
	Other	0

New / Returning PC	New	14
	Returning	22

Parent Carer Direct Contact	Web Form	7
	Parent	0

Contact Form	
In Person	0
Email	1
Phone	4

Ethnicity	31 <sup>st</sup> March 2023	Re-engaged/ New (June 2023)
White British	238	21
Gypsy or Irish Traveller	2	0
Roma	1	0
Any Other White background	29	0
White and Black Caribbean	0	0
White and Black African	0	0
White and Asian	0	0
Any Other Mixed or Multiple Ethnic Background	9	2
Indian	13	1
Pakistani	17	7
Bangladeshi	0	0
Chinese	2	0
Any other Asian Background	0	0
African	13	2
Caribbean	0	0
Black British	1	0
Any Other Black or Caribbean Background	0	0
Arab	0	1
Any Other Ethnicities	6	0
Rather Not say	0	0
Unknown	105	2

CCG/ Training	Date	Number of Adults
EPS Parent Carer Hub Session	23/6/23	1

Information and Awareness	Date	Number of Adults
Awareness sessions on Wills, Lasting Powers of Attorney, Discretionary Trusts etc	12/6/23	4
Argo Lounge Coffee Session	21/6/23	3

Family Based Event/Activity	Date	Number of Adults	Number of Children
Litterpick	03/06/23	6	0
AHG Bowling	01/06/23	27	29
Community Cafe	07/06/2023	27	2
Community Cafe	14/06/2023	21	1

Community Cafe	21/06/2023	22	2
Community Cafe	28/06/2023	23	3

Your Say Form – 18 Responses

## PARENT REPRESENTATIVE VIEWS/ ISSUES/ ROLE

- Meetings attended (Title/ Number)
- Hours Devoted to forum work
- Methods used to gather parent carer views
- Number of parent carers being represented
- Any concerns identified by parent rep and who these have been fed back to
- Views/ Concerns Taken to Meetings
- Themes/ Topics taken from meetings

Duration of meeting in hours (please multiply duration by number of reps)	Travel Time (In Hours) - Please multiply by number of reps	Total Admin/Prep time In Hours	Overall Total
17.5	0	6	23.5

### Meetings attended:

- Peterborough SEND Operations group
- Children and Young people's Mental health and Wellbeing Board
- EHCP improvement/SEND strategy
- Adult co-production Collaborative
- CYP collaborative
- Eastern SEND Forum
- PCC SEND Communications Group
- Wider collaborative – community of practice
- SEND health Advisory Group
- All Age Co-production Collaborative
- PfA Steering Group
- PfA Health Group
- PCC SEND forum
- CWD Operational group
- Carer Friendly Tick
- Travel Training Resource and Launch working Group
- Peterborough APP meeting
- Gathering YP and families lived experience group

### Concerns from LA perspective:

1. Upcoming inspections
2. PfA
3. APP readiness – SEND Visit (September)
4. School attendance

## PARENT CARER VIEWS/ ISSUES

- Views Via You Said – We Did
- Complaints/ Concerns
- Compliments
- Your Say Form

### **Mental health.**

Parent carers are reporting difficulties in Accessing Mental Health Services. Not only it is difficult to get a referral, but the waiting times are long and parent carers do not know to do in a mean time. Often CYP would refuse to go to school and parent carers are reporting that schools are not being understanding of their children's difficulties and often threaten to penalise the parents for low attendance. Parent carers are saying that if their children would receive appropriate support at school, their attendance would increase, however they struggle to receive that support.

Parent carers are also reporting that often they are not being believed by the professionals and they feel that they are feeling 'fobbed off'. Parents report that their children need to reach crisis point before they receive any help from schools, GPs and other professionals and they feel that they are being pushed from pillar to post.

### **Education**

Parent carers are still reporting that their children are being put on a part time tables. Some parents said that they feel the school is 'alienating' their children by not allowing them to join others during normal school day-to-day activities, including PE sessions and even lunch breaks. Parent carers feel that they are being blamed for their child's behaviour, even when it is in response to their condition. Some parents reported that the schools do not want them to know about their rights and only speaking to a Parent Rep from FVP they feel more empowered to help their child. What we often hear from parent carers is: 'Why no one told me about this before' or 'The school told me something completely different' and similar.

In many cases, such as above, we would advise parent carers to seek help from SENDIASS, however they are reporting that it is difficult to access the service.

### **Parental resilience.**

Parent carers still feel that they constantly need to 'fight' for services. This leads to a lot of anxiety within the family as parents sometimes feel 'stuck' with no help from services. The added pressures from the cost of living crisis leads to a very low parental resilience. Parent carers feel that they do not have time for themselves because all they are doing is taking care of their children with SEND. Lack of short breaks means that they are unable to take any time off for themselves.

### **PfA Specific Themes (Parent Carer Perspective)**

Families, lessened resilience, lack of support for themselves, poor sleep, lack of nutrition, high stress, feelings of helplessness being able to support their YP's, additional stresses for those working on keeping things together, which may lead to future health problems

(We have families with older children with their health impacted, which can be significant, onward costs to YP, families and society can be very high)

A lack of understanding of conditions, and reasonable adjustments by police, legal teams and courts, serious harm being done to YP's via those processes.

Still too much of a focus on 'unwise' decisions by YP's rather than those that affect their health, MH, well being

and safety, a fundamental issue.

Seeing the YP on the surface- what they look like/ say, rather than their actions, evidence that proves they need support or even safeguarding.

Judging YP's actions, disability responses rather than looking at cause, rather than dealing with the underlying cause.

A lack of understanding in society/ communities, a lot of discrimination, assumptions, adding to YP's vulnerability and the huge issues of these being preyed upon by their peer groups as they age. Nothing happening to those who prey on them.

### School Specific (IF RELEVANT)

- Schools Offer Update
- Details on any work with schools (setting etc)
- Details on parent carers engaging at setting level

We have had meetings with 4 new schools who require some help from FVP, which includes attending coffee mornings, helping parent carers to navigate a forever changing system, explaining what their rights and entitlements are, and signposting them to the relevant services.

We have had coffee morning at All Saints Primary school, Beeches primary school and Northborough, where we spoke to 16 parent carers.

We also had initial meetings with Orton Wistow, Wittering and Northborough schools to see how we may be able to help them and their parent carers.

### OTHER (IF RELEVANT)

- Feedback from other groups
- General feedback about wider issues/ services
- Planned changes/ work