

WORK AREA:	Parent Carer Forum (PCF)
BOARD/ STRATEGIC MEETING:	Shared across boards/work streams
PARENT REPRESENTATIVE:	PCF Team
REPORTING PERIOD:	August 2023

PARTICIPATION COVERED WITHIN THIS PERIOD:	<ul style="list-style-type: none"> • Trips and Activities • Parent carer emotional well-being • Education survey • PfA Survey • Transport Survey
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FORUM VIEWS/ ISSUES/ PROGRESS

- Progress on priorities within forum
- Highlight areas of difficulty in achieving any outcomes
- Performance against targets/ measurers (Outcomes Matrices)
- Forum concerns/ issues

New Outcomes Matrix for 2022/ 2023 PCC grant

FVP are on target with all three outcomes as measured by the activity occurring. (See progress in blue)

Outcomes	Examples of	Output/activity	How Measured
Parent's resilience and confidence is improved through peer-to-peer support, access to information and guidance and signposted to services/professionals		Parent reps and FVP activities (drop-ins, hub, online sessions and activities to facilitate participation), surveys and meetings identify barriers and challenges, issues and ideas. Training (Experts by Experience, Challenging Behaviours and Mental Wellbeing workshops) are subject to CCG/ICS funding.	Quarterly reporting on data, analysis, findings and feedback, Topics of importance highlights emerging experiences, challenges and barriers parent/ carers face. You said we did, annual reports
		<ul style="list-style-type: none"> • 2 Emotional coaching • Mental well-being workshops • Seldom Heard session at Activity World • 2 Coach trips for families to Skegness and Hunstanton 	
Representation and reporting of parent's voices at strategic and operational boards across SEND results in making parent and child		Sharing information and practices, providing insight and lived experience with Officers, VCS, Health colleagues, schools/education.	

experiences visible, and contributes to service policy, and practice improvements

Reporting back to parents on actions, improvements etc
Contributing to Ofsted inspections, CQC, local offer etc

Reaching out to seldom heard groups for their views/experiences

- 4 café meet and eat sessions.

Up to September 1st:

- 2 Topics of Importance
- 3 Surveys

Building trust and improving relationships between PCC services and parents

Developing relationships e.g., with settings, schools, SENCO network, parents evening, between education settings, PCC and Parent/carers.

Self-reporting surveys and feedback from parents.

- Next Steps parent session

BUDGET PERFORMANCE IF APPLICABLE (Narrative)

- Overview of performance against budget
- Difficulties and risks

No change from the previous Highlight Report.

Data sources and Details (Engagement Levels)

- Overview of parent carers engaging (numbers new and recurring)
- Data sets
- Demographics where known
- Numbers of surveys/ facebook polls/ session attendance -

Participation and involvement from Parents/carers in August 2023

Adult Gender	Male	5
	Female	41
	Other	

New / Returning PC	New	74
	Returning	88

Parent Carer Direct	Web Form	5
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Contact	Parent Contact Form	3
	In Person	0
	Email	4
	Phone	3

Ethnicity

Category	Adult				Child	
	21/22	22/23	23/24 (Re-engaged)	23/24 (New)	21/22	22/23
White British	220	84	46	37	100	40
Gypsy or Irish Traveller	2	0	1	1	8	0
Roma	0	1	1	0	0	7
Any Other White Background	21	14	0	0	8	5
White and Black Caribbean	0	0	0	0	0	0
White and Black African	0	0	0	0	0	0
White and Asian	0	0	0	0	0	0
Any Other Mixed or Multiple Ethnic Background	8	1	2	1	4	0
Indian	8	6	2	2	7	4
Pakistani	12	11	12	10	19	5
Bangladeshi	0	1	0	0	0	2
Chinese	0	2	0	1	0	4
Any Other Asian Background	0	0	7	1	0	0
African	11	10	5	4	20	7
Caribbean	0	0	0	0	0	0
Black British	1	0	1	0	2	0
Any Other Black or Caribbean Background	0	0	0	0	0	0
Arab	0	1	1	1	0	0
Any Other Ethnic Group	7	0	1	2	2	0
Rather Not Say	1	1	0	0	0	0
Unknown	14	24	2	10	384	204
Total (Excl. White British)	70	47	33	23		
Total (Incl. White British)	290	131	79	60		
	414.29%	35.88%	41.77%	38.33%		

PARENT REPRESENTATIVE VIEWS/ ISSUES/ ROLE

- Meetings attended (Title/ Number)
- Hours Devoted to forum work
- Methods used to gather parent carer views
- Number of parent carers being represented
- Any concerns identified by parent rep and who these have been fed back to
- Views/ Concerns Taken to Meetings
- Themes/ Topics taken from meetings

Parent Rep Meeting Attendance

Due to school holidays and limited availability, August is a quieter time for FVP reps and the meeting volume drops down significantly.

Duration of meeting in Hours	Travel Time	Total Admin Prep Time	Overall Total
22.5	0	2.5	25

Our parent representatives have covered a wide range of meetings, including:

- All age co-production Collaborative
- Adult co-production Collaborative
- Next Steps parent session
- Childrens & Young People's Board (PCH)
- EHCP improvement meeting/SEND strategy
- PfA Health Group
- Travel training Resource and launch working group
- Gathering YP and families lived life experiences group
- PCC SEND Communications Group
- Children, Young People and Families Co production Collaborative

Concerns from Local Authority Perspective:

- Upcoming inspections
- PCC Comms Strategy
- Not enough awareness of the Local Offer, also known as PIN (Peterborough Information Network)
- Annual LD health checks

PARENT CARER VIEWS/ ISSUES

- Views Via You Said – We Did
- Complaints/ Concerns
- Compliments
- Your Say Form

Parental Resilience:

Summer Holidays are particularly challenging for parent carers. They have to forgo any time for themselves as they have to ensure that their children are being looked after and entertained. Parent carers are reporting difficulties in finding what to do with their children over the summer break, finding activities that they would be able to safely engage in. Parent carers are also reporting that this is placing extra financial pressures on their families as most activities are costly and their children often do not understand the financial implications and struggle to understand why they are to go on a holiday, etc.

Due to the difficulties that parent carers are experiencing, FVP has organised activities and trips for families. This helps us to provide peer-to-peer support, tackles isolation and loneliness as well as ensures that families are able to spend some quality time together without the pressures of organizing the activities.

Education/School Attendance:

In July 2023, FVP has conducted a SEND pupil school attendance and experience survey. The survey report has been published and although it is a reflection of the respondents and does not represent the whole of Peterborough's SEND population, the results show that 43% of children and young people are unable to access full time education and face part time timetables, exclusions, Alternative provisions etc.

The survey report have been presented to the Local Authority and due to worrying nature of the results, we have also produced a Topic of Importance, which means that the Local Authority will have to respond to the daily issues that parent carers, their children and young people are facing and work together to improve the current service provision.

Accessing Mental Health Services:

Accessing Mental Health services is still an issue for parent carers and their children/young people. They report that the waiting times are long, school's do not help them to combat the issues any by the time they finally get a referral to see a specialist and get some help for their children, the waiting times are often long. Whilst waiting for some help. Parents feel like they are in a limbo and do not know what to do in a mean time, struggle to keep their children safe from harm. Declining mental health often leads to school refusals which means that parent have to take some time off work to take care of their children. Parent carers often say that 'no one cares' about the issues they are facing and they don't know where to get the help they need.

Parent carers thanked us for our continuous support:

In order to help our parent carers over the school holidays, FVP has organised a few trips and activities for families who have children with SEND. Some parent carers are unable to travel due to their children's needs therefore our organized coach trips were very well received by the parent carer community. It also helped them to meet other people in similar circumstances, feel less

isolated and receive some peer-to-peer support.

This is what parents have told us:

'We don't get to leave Peterborough on our own This coach trip has been fantastic for the children.'

'Challenging to organize trips with our child with special needs this made it possible'

'They have been a helping hand when I struggled to get the help I needed I was pointed in the right direction by them'

'I don't drive outside of Peterborough on my own my 5 yr old got see the sea for the first time I feel safer travelling in an organized group coach trip'

School Specific (IF RELEVANT)

- Schools Offer Update
- Details on any work with schools (setting etc)
- Details on parent carers engaging at setting level

Due to school closure for summer break, FVP reps will resume the school's work in September.

OTHER (IF RELEVANT)

- Feedback from other groups
- General feedback about wider issues/ services
- Planned changes/ work

Not Applicable at this time