

WORK AREA:	Parent Carer Forum (PCF)
BOARD/ STRATEGIC MEETING:	Shared across boards/work streams
PARENT REPRESENTATIVE:	PCF Team
REPORTING PERIOD:	January 2024

PARTICIPATION COVERED WITHIN THIS PERIOD:	<ul style="list-style-type: none"> • CDC Stands • Schools Work • Sign Posting Concerns • Survey Data
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FORUM VIEWS/ ISSUES/ PROGRESS

- Progress on priorities within forum
- Highlight areas of difficulty in achieving any outcomes
- Performance against targets/ measurers (Outcomes Matrices)
- Forum concerns/ issues

New Outcomes Matrix for 2022/ 2025 PCC grant

FVP are on target with all three outcomes as measured by the activity occurring. (See progress in blue)

Outcomes	Examples of	Output/activity	How Measured
Parent's resilience and confidence is improved through peer-to-peer support, access to information and guidance and signposted to services/professionals		Parent reps and FVP activities (drop-ins, hub, online sessions and activities to facilitate participation), surveys and meetings identify barriers and challenges, issues and ideas. Training (Experts by Experience, Challenging Behaviours and Mental Wellbeing workshops) are subject to CCG/ICS funding.	Quarterly reporting on data, analysis, findings and feedback, Topics of importance highlights emerging experiences, challenges and barriers parent/ carers face. You said we did, annual reports
		<ul style="list-style-type: none"> • One EPS hub for direct support 	
Representation and reporting of parent's voices at strategic and operational boards across SEND results in making parent and child experiences visible, and contributes to service policy, and practice improvements		Sharing information and practices, providing insight and lived experience with Officers, VCS, Health colleagues, schools/education. Reporting back to parents on actions, improvements etc Contributing to Ofsted inspections, CQC, local offer etc Reaching out to seldom	

	heard groups for their views/experiences	
	<ul style="list-style-type: none"> Annual survey Attendance at 20 meetings 	
Building trust and improving relationships between PCC services and parents	Developing relationships e.g., with settings, schools, SENCO network, parents evening, between education settings, PCC and Parent/carers.	Self-reporting surveys and feedback from parents.
	<ul style="list-style-type: none"> 4 Schools meetings 2 Julaybib sessions 	

Data sources and Details (Engagement Levels)

- Overview of parent carers engaging (numbers new and recurring)
- Data sets
- Demographics where known
- Numbers of surveys/ Facebook polls/ session attendance -

Participation and involvement from Parents/carers data at January 31st 2024

Adult Gender	Male	2
	Female	10
	Other	0

New / Returning PC	New	12
	Returning	0

Parent Carer Direct Contact	Web Form	6
	Parent Contact Form	7
	In Person	0
	Email	3
	Phone	1

ETHNICITY	
White British	71
Gypsy or Irish Traveller	1
Roma	0
Any Other White background	0
White and Black Caribbean	0
White and Black African	1
White and Asian	0
Any Other Mixed or Multiple Ethnic Background	2
Indian	4

Pakistani	18
Bangladeshi	0
Chinese	1
Any other Asian Background	2
African	5
Caribbean	0
Black British	3
Any Other Black or Caribbean Background	0
Arab	1
Any Other Ethnicities	2
Rather Not say	0
Unknown	85

CCG/ Training	Date	Number of Adults
EPS Parent Carer Hub Session	26/01/2024	3

Information and Awareness	Date	Number of Adults
CDC	24/1/2024	18

Workshops, Focus Groups and School Sessions Coffee Mornings,	Date	Number of adults
Lime Academy Orton 16/01/24	16/1/24	8
Peakirk-cum-glinton 22//1/24	22/1/24	5
Lime Academy Orton xx/01/24	Jan 24	8
Woodston Primary 18/12024	18/1/24	3
Gladstone Family and Children Centre - Julyabib project Muslim mums SEND Group 10/01/24	10/1/24	7
Awareness sessions on Wills, Lasting Powers of Attorney, Discretionary Trusts and Court of Protection 31/01/2024	31/1/24	3

12 parent carers have requested direct signposting, and 33.33% are from households who self-identify as other than White British.

188 responses to annual survey – early indications are there is an increase in negative reporting with one parent stating *“Everything is slow, always a fight and never enough information. People always leaving roles doesn't help.”*

PARENT REPRESENTATIVE VIEWS/ ISSUES/ ROLE

- Meetings attended (Title/ Number)
- Hours Devoted to forum work
- Methods used to gather parent carer views
- Number of parent carers being represented
- Any concerns identified by parent rep and who these have been fed back to
- Views/ Concerns Taken to Meetings
- Themes/ Topics taken from meetings

Parent Rep Meeting Attendance

Duration of meeting in Hours	Travel Time	Total Admin Prep Time	Overall Total
26	1.5	12.5	40

Our parent representatives have attended over 20 meetings covering:

- APP Performance and Risk meeting
- Parent Toolkit for new starters 2024 meeting
- EHCP Improvement meeting
- Peterborough SEND operations group
- Children & Young People’s Mental Health and Wellbeing
- PCC SEND FORUM

Concerns from Local Authority Perspective:

- Decoupling
- Accelerated Progress Plan
- Seldom Heard Voices Inclusion

PARENT CARER VIEWS/ ISSUES

- Views Via You Said – We Did
- Complaints/ Concerns
- Compliments
- Your Say Form

P/C Resilience

Increasingly lower. Energy depletion on all levels, exhaustion, anxiety, hopelessness, frustration, feelings of disempowerment, very poor sleep levels, unable to access services, or in a timely manner, or to access the items they need.

P/C Isolation

Many families do not have family support close by, or any support adding to feelings of isolation plus families not understanding their lived experience)
 Feeling isolated - difficulty in accessing technology to connect, transport issues and availability to meet others.
 (Especially home Ed / EHE / AP etc)

P/C Stress and Exhaustion

Parents high level of stress, exhaustion etc being marginalised, sidelined, ignored, - it seems maybe a decline in a human approach first and foremost.

P/C Grief

Parental grief ... lack of support over major life changes, eg. diagnosis, work and financial implications, relationship breakdown, including with their CYP.

PB Payments

Problems accessing PB payments -
 being flatly denied when they should be available -
 no support to help achieve better outcomes.

Access to equipment

Difficulties accessing necessary equipment and home adjustments.

Difficulty accessing hoists etc as children getting bigger, wheelchairs etc.

P/C's worries for future

Worry of P/c's for the future of their YP, especially suitable accommodation, training/ work opportunities and suitable support going forwards, especially as many p/c's realise as their children hit secondary school, the gaps with their peers increased, and if services are as poor as they are at this stage what will be there for their CYP and them going forwards- this is popping up increasingly. Many concerned the lack of awareness and understanding amongst some professionals, and in society. "..... *I am really concerned for my son's future, he is being treated for his age, not his development, (approx. age 3) a tick box exercise for travel training, he has no idea. He can do something with guidance, tick the box, ask him tomorrow, he can't do*"

School Specific (IF RELEVANT)

- Schools Offer Update
- Details on any work with schools (setting etc)
- Details on parent carers engaging at setting level

4 coffee sessions – 28 Parent Carers

Themes

- Border issues with referrals for Early Help and Neurodiversity Assessments
- Short Breaks
- How to find information across a range of areas – signposting increase
- SENCo's struggling with demand/ rising numbers of children with SEND

OTHER (IF RELEVANT)

- Feedback from other groups
- General feedback about wider issues/ services
- Planned changes/ work
 - Parent Carer Toolkit
 - Awaiting Tol Responses
 - Education
 - Health Inequalities
 - Decoupling has had an impact on local service delivery and LA/ Health capacity