

WORK AREA:	Parent Carer Forum (PCF)
BOARD/ STRATEGIC MEETING:	Shared across boards/work streams
PARENT REPRESENTATIVE:	PCF Team
REPORTING PERIOD:	July 2023

PARTICIPATION COVERED WITHIN THIS PERIOD:	<ul style="list-style-type: none"> • Parent carer Hub session • School sessions • Trips and Activities • Parent carer emotional well-being • Education survey • PfA
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FORUM VIEWS/ ISSUES/ PROGRESS

- Progress on priorities within forum
- Highlight areas of difficulty in achieving any outcomes
- Performance against targets/ measurers (Outcomes Matrices)
- Forum concerns/ issues

New Outcomes Matrix for 2022/ 2023 PCC grant

FVP are on target with all three outcomes as measured by the activity occurring. (see progress in blue)

Outcomes Examples of	Output/activity	How Measured
Parent's resilience and confidence is improved through peer-to-peer support, access to information and guidance and signposted to services/professionals	Parent reps and FVP activities (drop-ins, hub, online sessions and activities to facilitate participation), surveys and meetings identify barriers and challenges, issues and ideas. Training (Experts by Experience, Challenging Behaviours and Mental Wellbeing workshops) are subject to CCG/ICS funding.	Quarterly reporting on data, analysis, findings and feedback, Topics of importance highlights emerging experiences, challenges and barriers parent/ carers face. You said we did, annual reports
	<ul style="list-style-type: none"> • Group for Parent Carers. • Emotional coaching • Mental well-being workshop. • EPS parent/carer Hub session • Awareness sessions on Wills, Lasting Powers of Attorney, Discretionary Trusts, Trusts and Court of Protection 	

	<ul style="list-style-type: none"> Stand at Bretton Festival Seldom Heard session 	
Representation and reporting of parent's voices at strategic and operational boards across SEND results in making parent and child experiences visible, and contributes to service policy, and practice improvements	<p>Sharing information and practices, providing insight and lived experience with Officers, VCS, Health colleagues, schools/education. Reporting back to parents on actions, improvements etc Contributing to Ofsted inspections, CQC, local offer etc</p> <p>Reaching out to seldom heard groups for their views/experiences</p> <ul style="list-style-type: none"> 4 café meet and eat sessions. 3 Topics of Importance Peterborough SEND conference Session and Child Development Centre Herlington Centre Coffee morning Statutory Process training for EYFS 	
Building trust and improving relationships between PCC services and parents	<p>Developing relationships e.g., with settings, schools, SENCO network, parents evening, between education settings, PCC and Parent/carers.</p> <ol style="list-style-type: none"> Schools sessions West Town Primary Summer Fair PCC SEND conference 	Self-reporting surveys and feedback from parents.

BUDGET PERFORMANCE IF APPLICABLE (Narrative)

- Overview of performance against budget
- Difficulties and risks

Work is ongoing to enable financial stability for FVP with funding being sought for 23/24 and 24/25 in the form of grants and other funds. At the moment enough funds have been secured to ensure appropriate staffing levels for 23/24 to enable capacity within the PCF.

Business planning is underway that takes account of exploration of income generation as an extra way of achieving sustainability.

A new team of parent reps of being recruited due to other parent carers leaving their role with FVP due to changes in personal circumstances. Lack of parent reps leads to risk with FVP in relation to capacity especially for meeting attendance. There are on average 20 to 30 hours of meetings a week requiring PCF involvement.

Data sources and Details (Engagement Levels)

- Overview of parent carers engaging (numbers new and recurring)
- Data sets
- Demographics where known
- Numbers of surveys/ facebook polls/ session attendance -

Participation and involvement from Parents/carers in July 2023

Adult Gender	Male	2
	Female	26
	Other	

New / Returning PC	New	61
	Returning	72

Parent Carer Direct Contact	Web Form	7
	Parent Contact Form	3
	In Person	10
	Email	4
	Phone	2

Ethnicity						
Category	Adult				Child	
	21/22	22/23	23/24 (Re-engaged)	23/24 (New)	21/22	22/23
White British	199	54	34	15	98	39

Gypsy or Irish Traveller	2	0	1	1	8	0
Roma	0	1	1	0	0	7
Any Other White Background	20	10	0	0	8	5
White and Black Caribbean	0	0	0	0	0	0
White and Black African	0	0	0	0	0	0
White and Asian	0	0	0	0	0	0
Any Other Mixed or Multiple Ethnic Background	8	1	2	1	4	0
Indian	8	5	2	0	7	4
Pakistani	12	7	9	2	19	5
Bangladeshi	0	0	0	0	0	2
Chinese	0	2	0	0	0	4
Any Other Asian Background	0	0	5	0	0	0
African	7	6	2	3	16	7
Caribbean	0	0	0	0	0	0
Black British	1	0	1	0	2	0
Any Other Black or Caribbean Background	0	0	0	0	0	0
Arab	0	1	1	0	0	0
Any Other Ethnic Group	6	0	1	0	2	0
Rather Not Say	0	0	0	0	0	0
Unknown	40	67	8	38	385	205
	263	33	25	7		
	64	87	59	22		
	24.33%	37.93%	42.37%	31.82%		

PARENT REPRESENTATIVE VIEWS/ ISSUES/ ROLE

- Meetings attended (Title/ Number)
- Hours Devoted to forum work
- Methods used to gather parent carer views
- Number of parent carers being represented
- Any concerns identified by parent rep and who these have been fed back to
- Views/ Concerns Taken to Meetings
- Themes/ Topics taken from meetings

Parent Rep Meeting Attendance

Duration of meeting in Hours	Travel Time	Total Admin Prep Time	Overall Total
54.5	3	5	62.5

Our parent representatives have covered a wide range of meetings, including:

- Peterborough Accelerated Progress Plan
- All age co-production Collaborative
- Adult co-production Collaborative
- EHCP improvement meeting/SEND strategy.
- Children, Young People and Families Co production Collaborative
- PfA Health Group
- Carer Friendly Tick Steering Group
- CWD Operational Group
- Peterborough SEND Operations Group
- Carers Programme Board
- Personalised Care Working Group
- Post-16 Specification review
- Children and Young People's Mental Health and Wellbeing Board
- PCC SEND Communications Group
- All age co-production collaborative
- Gathering YP and families lived experience
- Guide for Parent Carers of CYP with SEND
- CHSWG

Concerns from Local Authority Perspective:

- Upcoming inspections
- PCC Comms Strategy
- Not enough awareness of the Local Offer, also known as PIN (Peterborough Information Network)

PARENT CARER VIEWS/ ISSUES

- Views Via You Said – We Did
- Complaints/ Concerns
- Compliments
- Your Say Form

Parental Resilience:

Parent carers are still reporting that they need to 'fight' for their children and the services that they need. It is concerning how many parent carers have little to no knowledge about the help for their children and family, whether it is school based, community support or short breaks. It is sometimes disheartening to hear them say 'why no one has ever told me about this before: not the school, not the social worker'. Because parent carers feel they are constantly 'fighting' for the services, struggling to meet their children's needs and are constantly worried about their children, they no longer have the time to look after themselves and their own mental health. Current cost of living crisis also means that some of them are experiencing financial hardship yet are unable to go to work because of their caring responsibilities.

Although parent carers would love some peer-to-peer support, they often feel too overwhelmed and find it difficult to do something for themselves.

Education/School Attendance:

We have had an increase of parent carers reporting that their children are still being put on a part time table. Parent carers are saying that rather than school SENCO looking for appropriate support for their child, they find an 'easy option' and put their children on a part time table instead. They are also reporting that this is being done with a promise of it being on a 'temporary bases' (meaning weeks), however it lasts for months, and in some cases even over a year.

As school attendance and overall school experience is something that is concerning us at FVP, we are currently conducting a survey to investigate this further.

Accessing Mental Health Services:

Parent carers feel that they are being pushed 'from pillar to post' when accessing mental health services. Some parent carers reported that the school tells them to go to GP, GP tells them to go to school and so forth. Parent carers feel that by the time that someone makes the referral, their child has already reached a crisis point and they (parents) fear for their safety. Although we tell parent carers about services available, such as Centre33, their children are not able to self-refer due to their poor mental health and severe anxiety.

Parent carers thanked us for our continuous support:

Parent carers felt very anxious about upcoming school holidays and expressed many worries about whether their children will be able to cope with this sudden change in their routine. Parents also reported their worries about entertainment for their children and having some quality family time, rather than constantly worrying about their children with SEND. Due to the issues that parent carers

are reporting, we have arranged a few summer trips and activities to ensure that parent carers are able to participate, get some peer-to-peer support and have some quality family time.

This is what parents have told us:

'A summer holiday trip and travel made easy. Feels lonely and challenging on my own.'

'Have done a trip today that should have otherwise been impossible to my family this was a great adventure for my son.'

'We don't get to travel out of Peterborough on our own felt safe going on a organised trip.'

School Specific (IF RELEVANT)

- Schools Offer Update
- Details on any work with schools (setting etc)
- Details on parent carers engaging at setting level

FVP Parent Reps have attended 2 coffee mornings at Northboroug, All Saints Primary School and West Town Primary Summer Fair. We engaged with 26 parent carers who needed some extra help and information. Some issues recorded:

- Parent carers are unaware what services are available for their children after the diagnoses
- Waiting times are long and parent carers feel 'lost' whilst they are waiting to see health professionals
- Parent carers still think that in order for their child to receive any help they must have a diagnoses
- Concerns about other members of the family not accepting their child's needs/diagnoses

Some of the parent carers needed a little bit more support which will be provided on 1:1 bases at a later date.

OTHER (IF RELEVANT)

- Feedback from other groups
- General feedback about wider issues/ services
- Planned changes/ work

Not Applicable at this time

Title:

Forum Highlight Report FORM

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