

<b>WORK AREA:</b>	Parent Carer Forum (PCF)
<b>BOARD/ STRATEGIC MEETING:</b>	Shared across boards/work streams
<b>PARENT REPRESENTATIVE:</b>	PCF Team
<b>REPORTING PERIOD:</b>	October 2023

<b>PARTICIPATION COVERED WITHIN THIS PERIOD:</b>	<ul style="list-style-type: none"> <li>• School's work</li> <li>• Health Survey</li> <li>• Sign posting and support</li> </ul>
--	--

### FORUM VIEWS/ ISSUES/ PROGRESS

- Progress on priorities within forum
- Highlight areas of difficulty in achieving any outcomes
- Performance against targets/ measurers (Outcomes Matrices)
- Forum concerns/ issues

New Outcomes Matrix for 2022/ 2024 PCC grant

FVP are on target with all three outcomes as measured by the activity occurring. (See progress in blue)

Outcomes	Examples of	Output/activity	How Measured
Parent's resilience and confidence is improved through peer-to-peer support, access to information and guidance and signposted to services/professionals		Parent reps and FVP activities (drop-ins, hub, online sessions and activities to facilitate participation), surveys and meetings identify barriers and challenges, issues and ideas. Training (Experts by Experience, Challenging Behaviours and Mental Wellbeing workshops) are subject to CCG/ICS funding.	Quarterly reporting on data, analysis, findings and feedback,  Topics of importance highlights emerging experiences, challenges and barriers parent/ carers face.  You said we did, annual reports
		<ul style="list-style-type: none"> <li>• Health Access Survey</li> <li>• CDC stand</li> <li>• SENDIASS parent/carer HUB session</li> <li>• Next Steps Parent Workshop</li> </ul>	
Representation and reporting of parent's voices at strategic and operational boards across SEND results in making parent and child experiences visible, and contributes to service policy, and practice improvements		Sharing information and practices, providing insight and lived experience with Officers, VCS, Health colleagues, schools/education. Reporting back to parents on actions, improvements etc Contributing to Ofsted	

	<p>inspections, CQC, local offer etc</p> <p>Reaching out to seldom heard groups for their views/experiences</p> <ul style="list-style-type: none"> <li>• 1 CDC stand</li> <li>• 1 Coffee morning</li> <li>• 1 Listening Eevent</li> <li>• SEND Training for councillors</li> </ul>	
Building trust and improving relationships between PCC services and parents	<p>Developing relationships e.g., with settings, schools, SENCO network, parents evening, between education settings, PCC and Parent/carers.</p> <ul style="list-style-type: none"> <li>• 2 school-based coffee mornings</li> </ul>	Self-reporting surveys and feedback from parents.

#### BUDGET PERFORMANCE IF APPLICABLE (Narrative)

- Overview of performance against budget
- Difficulties and risks

No change from the previous Highlight Report.

#### Data sources and Details (Engagement Levels)

- Overview of parent carers engaging (numbers new and recurring)
- Data sets
- Demographics where known
- Numbers of surveys/ facebook polls/ session attendance -

#### Participation and involvement from Parents/carers in September 2023

Adult Gender	Male	1
	Female	20
	Other	

New / Returning PC	New	36
	Returning	0

Parent Carer Direct Contact	Web Form	9
	Parent Contact Form	7
	In Person	0

	Email	0
	Phone	2

ETHNICITY

	5
White British	0
Gypsy or Irish Traveller	0
Roma	0
Any Other White background	0
White and Black Caribbean	1
White and Black African	0
White and Asian	1
Any Other Mixed or Multiple Ethnic Background	2
Indian	2
Pakistani	0
Bangladeshi	0
Chinese	0
Any other Asian Background	0
African	0
Caribbean	0
Black British	0
Any Other Black or Caribbean Background	0
Arab	0
Any Other Ethnicities	0
Rather Not say	-1
Unknown	

**PARENT REPRESENTATIVE VIEWS/ ISSUES/ ROLE**

- Meetings attended (Title/ Number)
- Hours Devoted to forum work
- Methods used to gather parent carer views
- Number of parent carers being represented
- Any concerns identified by parent rep and who these have been fed back to
- Views/ Concerns Taken to Meetings
- Themes/ Topics taken from meetings

**Parent Rep Meeting Attendance**

Due to the de-coupling from CCC, there has been some cancelled meetings until further notice. Those will be reinstated in the near future where the focus will be on Peterborough only.

Duration of meeting in Hours	Travel Time	Total Admin Prep Time	Overall Total
14	0	5.5	19.5

Our parent representatives have covered a wide range of meetings, including:

- Peterborough APP meeting
- Travel training and launch working group
- PfA Independent living working group
- NHSE & ERPCF Lunch and Learn
- PfA young peoples consultation working group
- SENDIASS Steering Group
- Respite & Young People Breaks With Autism & Asperges
- Wider Collaborative - Community of Practice
- Co-Production Collaborative- Mental health
- PCC SEND Forum
- Eastern Region SEND Forum

**Concerns from Local Authority Perspective:**

- De-coupling with CCC means that some boards need to be re-instated
- Not enough awareness of the Local Offer
- Re-working of strategies and what next (SEND/ ASD)

**PARENT CARER VIEWS/ ISSUES**

- Views Via You Said – We Did
- Complaints/ Concerns
- Compliments
- Your Say Form

**Parental Resilience**

Over the past few months, we have been seeing a sizable decrease in parental resilience. Parent carers facing a lot of daily pressures: from school attendance, getting their children help they need, accessing diagnoses to financial pressures to keep their family going. Those pressures increase significantly when families are caring for more than one child with SEND

- *....., age 6, male, Autism Spectrum Disorder, ..... Primary School My husband and I feel under extreme stress. Our youngest son (age 6) was diagnosed with ASD in April and our eldest son (age 9) is waiting for an assessment for ADHD and ASD, due to be in January. We paid privately for both of them, so feel the Early Help Route might not be right for us. We are in desperate need of support but don't know how to access it. We both work, my husband full time and myself 27 hours. I am currently signed off work with high level of anxiety.*

### **Education/School Attendance**

After the Survey we have publishes in July 2023, we have presented the results to the Local Authority and the officers found the results rather worrying. In order to ensure that children with SEND access their education, they asked parent carers to get in contact with us so that the LA would be able to look into their cases and ensure that their children return to the full-time timetable at school.

Parent carers are getting increasingly worried about their children who are on the SEN register and are due to transition into secondary schools. They are worried whether their children will be able to have a good transition without the EHCP, whether their needs will be met at a much bigger school and whether their children will be able to cope altogether.

Parents have also reported that it takes a long time in bringing EHA's forwards, parents and schools left in limbo because it is taking too long and they receive no support in a meantime, putting increased burden/ anxiety on parents.

- *.... 7 female any support we can get as hasn't had a full day at school since Nov 2022 currently at ravensthorpe primary school.*
- *... 5 male at ravensthorpe primary school . All as I feel like I'm stuck in a hole with no way out and little help I just need help getting my kids they help they need in school at for them to stay in school forfull days*
- *..... mental health needs education needs not met .... has an ehcp and ..... has been out of school over 6 months and I've had no little support Education/ Health or Social Care Advice Neither child's mental health needs are being met .....*
- *..... male 13 currently not in school Signposting - .... has been mostly off school since 2021. .... behaviour and personality are not on par with others his age I believe he has learning disabilities and possibly autism In need in help getting ..... into school with the right support*

### **Accessing Mental Health Services**

Accessing Mental Health Issues is still a worry to the parent carers. We have had some reports of children being out of education due to their poor mental health, yet they are unable to find appropriate support for their children. Due to increasing in complaints about accessing Mental as well as other Health Services, we have produced a number of Health Surveys as well as Facebook polls so that we could find out what is the underlying issue(s). We will present the results to PCC and health services in order to show what parent carers are experiencing on a regular bases and how those experiences could be improved.

- *I would really appreciate help with my sons who are both struggling with their mental health issues and I'm not being supported with regards to my sons EHCP and him being out of education is impacting his mental health*
- *..... would like to know who she can reach out to for counselling/support for 9 year old son please. Centre 33 only deal with teenagers, and school currently aren't being much help.*

### Information and Guidance

- *10boy awaiting specialist school asd adhd dyspraxia and more. 4 boy starts school September mainstream for the moment, asd adhd (awaiting final paperwork of confirmation) other conditions that are under investigation I need support in all of the above and probably more. I am disabled and now have epilepsy causing serious problems to my memory etc.. Contact me to tell me how best to support myself and sons health, organisations essential basic items*
- *....., daughter Yr 10, out of school, AP, mum doesn't know if daughter has EHCP. She hadn't heard of FVP. Needs support for herself as a carer as well as advice re education.*
- *Dear sir/madam*
- *I am looking for information on holiday clubs for my 9 year old son who has autism.*

### School Specific (IF RELEVANT)

- Schools Offer Update
- Details on any work with schools (setting etc)
- Details on parent carers engaging at setting level

2 Schools sessions have taken place with 6 parent carers taking part across the sessions.

Themes discussed covered:

- Difficulties finding an NHS Dentist / struggling to get a Doctor's appointment / wheelchair services.
- A Parent said after doing the Triple P's Parenting course she felt demoralised.
- None of the Parents knew about the Parent Carer's Assessment.
- Secondary School was a talking point and some mums showed concerns about it especially one that hasn't had a diagnosis yet for her Daughter.

### OTHER (IF RELEVANT)

- Feedback from other groups
- General feedback about wider issues/ services
- Planned changes/ work
- Upcoming work at planning/ discussion stage relates to:
  - ASD Pathway and Strategy
  - SEND Strategy
  - Parent Carer Toolkit