

2023

Service Directory



Dear Parent, this list is not exhaustive but rather a starting point for you.

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General Information, Advice and Support in Peterborough:

Send Information Hub (Local Offer)Peterborough



The **Send Information Hub (Local Offer)Peterborough** gives children and young people with special educational needs or disabilities and their families' information about what support services the local authority think will be available in their local area. Peterborough's local offer is aimed at providing better support and services for children and young people with special educational needs or disabilities and their families.

In this one place, you can find information about providers of the following services:

- EHCPs.
- Health services.
- Social care services.
- Other educational provisions.
- Training.
- Travel arrangements for children and young people to schools, colleges and early years settings.
- Preparing for adulthood, including housing and employment.
- Leisure and social opportunities.

<https://fis.peterborough.gov.uk/kb5/peterborough/directory/localoffer.page?familychannel=8>

Associations and charities offering information, representation and support for families with children who have Special Needs or a Disability:

Asperger Autism Support Group

For children with or suspected as having Aspergers / Autism. Come and join us for a chat if you're worried about anything or just have a chance to chill with us.

**** Children unfortunately cannot attend, so other arrangements need to be made ****

Address: Whittlesey Youth Centre, 15 Scaldgate, Whittlesey, Peterborough,

Contact: Annette

Tel: 01733 203 624. Mondays - 9.30 - 11.30 Fridays 1pm - 2pm

Barnardos

Barnardo's transforms the lives of the most vulnerable children across the UK through the work of our services, campaigning and research expertise. We believe we can bring out the very best in every child whether the issue is child poverty, sexual exploitation, disability or domestic violence.

Address: Barnardo's Tanners Lane Barkingside Ilford Essex IG6 1QG

Tel: 0208 550 8822

Email: Contact form on website

Website: <https://www.barnardos.org.uk/who-we-are>

Bursting with Potential

We provide a holistic Occupational Therapy based service providing specialist interventions for children 0-25. We work with mainstream children or those children with special educational needs and disabilities, regardless of diagnosis.

Address: Cottage Bakery, 1 Thorney Road, Eye,
Peterborough, PE6 7UN

Tel: 01733 223720

Email: office@burstingwithpotential.co.uk

Website: <https://www.burstingwithpotential.co.uk/>



CAMEO

At CAMEO, we are able to offer you a number of different treatments or interventions that can be helpful. Each person can benefit from different treatment options, so our starting point is a thorough assessment. The service is for people who are resident in Cambridgeshire and Peterborough (including local Schools, Colleges and Universities) those experiencing some of the symptoms of psychosis and related disorders, and who haven't had extensive treatment in the past. CAMEO is happy for people to phone for a chat, and if they think interventions won't help you, they can suggest other sources of help and care.

Address: CAMEO North Team, [169 London Road, Fletton, Peterborough PE2 9DS](#)

Tel: 01733 318 102

Email: cameonorth@cpft.nhs.uk

Website: <http://www.cameo.nhs.uk/>



Children's Integrated Disability Team

The Children's Integrated Disability Service offers advice and support to parents/carers/children affected by disabilities within the greater Peterborough area. Referrals for needs assessments, advice on respite care, occupational therapy referrals, Hearing/sensory impairment, physical disability, and activities/short breaks.

Tel: 01733 864397/200

Website: <http://fis.peterborough.gov.uk/kb5/peterborough/fsd/organisation.page?id=PWtisi43RXc>

Contact

Our volunteer Local Area Representatives are parents of children with special needs and are very knowledgeable about services and support in their local areas. They raise awareness of Contact amongst parents and service providers and deal with local enquiries. The area representative provides drop in sessions to Local groups and information session on a variety of subjects affecting families of children with Disability/additional needs

Website: www.contact.org.uk

CPFT

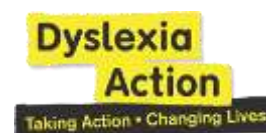


CPFT provides a wide range of services for children, young people and their families: universal child health services, pathways for children and young people with mild - moderate - severe mental health problems and care and treatment for children and young people with developmental problems, physical and learning disabilities.

For more information please contact Dr Venkat Reddy, Clinical Lead, Peterborough Children's Health Services, on 01733 777937.

Website: <https://www.cpft.nhs.uk/home>

Dyslexia Action



The Centre offers the following services psychological and diagnostic assessments for children and adults, specialist multisensory tuition in literacy and numeracy for children and adults, study skills, free half-hour advice sessions, pre and post-assessment advice and Early Years Screening.

Address: c/o RNIB, Bakewell Road, Orton Southgate, Peterborough, Cambridgeshire, PE2 6XU.

Email: peterborough@dyslexiaaction.org.uk

Website: <http://www.dyslexiaaction.org.uk>



Family Voice Peterborough

Family Voice is a registered charity which is seeking to improve services in all areas of the lives of children and young people with disabilities or additional needs.

Family Voice Peterborough helps parents engage with professionals across health, education and social care, facilitate participation in service delivery, provide a voice for parents at strategic level meetings and hold informative events. Family Voice also helps parent's access information about what services are available to them, signposts parents and carers to other services that can provide specific services and organise and run family-based trips and activities.

Address: 105 Paynels, Peterborough, PE2 5QP

Tel: 01733 685510

Email: office@familyvoice.org

Website: <https://www.familyvoice.org/>



Gladstone District Community Association

One of the key activities developed over the years is GLADCA's role as training and educational establishment, focussing on new learners, especially those from hard-to-reach groups, such as women who experience cultural and other barriers to learning. The services provided over the year have included English language courses, IT courses, immigration, welfare benefits, general advice, home skills, flower-arranging, exercise and yoga, healthcare and healthy living. We aim to provide services in different ways in order to meet individual need

Address: Gladca, 316-318 Gladstone Street, Peterborough PE1 2BX

Tel: 01733 566343

Email: info@gladca.org

Website: <http://www.gladca.org.uk/>

Little Miracles

A multi-award winning registered charity that supports families that have children with additional needs, disabilities and life-limiting conditions from birth to 25.

Address: The Spinney, Hartwell Way, Peterborough, PE3 7LE

Tel: 01733 262226

Website: <https://www.littlemiraclescharity.org.uk/>





Mencap

We work in partnership with people with a learning disability, and all our services support people to live life as they choose. **Our work includes:**

- providing high-quality, flexible services that allow people to live as independently as possible in a place they choose
- providing advice through our helplines and websites
- Campaigning for the changes that people with a learning disability want.

We have strong relations with a local network of more than 500 affiliated groups. Our local groups are individual charities in their own right, but we work closely with them to ensure people with a learning disability and their families have support locally as well as nationally.

Website: <https://www.mencap.org.uk/findaservice/england/east-of-england/peterborough>



The Peterborough Branch of the National Autistic Society

The Peterborough Branch of the National Autistic Society (PNAS) provides support to individuals of all ages with autism, and their families and carers, and campaigns for better local services for those living with autism in Peterborough. Our voluntary committee is staffed by individuals, parents and professionals living and working with autism.

Email: cambridge.branch@nas.org.uk

Website: <https://www.nascambridge.org.uk/>

National Centre for Deaf blindness

Deaf Blind UK

Deafblind UK offers many services to deafblind people, their support assistants and other professionals. They offer a free 24 hour helpline, training in communication and rehabilitation skills, a regional network of staff and volunteers and a varied leisure programme and reading material.

Address: National Centre for Deaf blindness, John and Lucille van Geest Place, Cygnet Road, Hampton, Peterborough, Cambridgeshire, PE7 8FD.

Tel: 01733 358100

Email: info@deafblinduk.org.uk

Website: <http://www.deafblinduk.org.uk>

Parent Relate

If you just want to let off steam or receive help and advice relating to autism, dyspraxia, ADHA, ADD, Aspergers and dyslexia, these are the sessions for you.

Address: Bretton Children's Centre, Watergall, Bretton, Peterborough, PE3 8NX

Tel: 01733 269340

Email: BrettonChildrensCentre@peterborough.gov.uk

**Peterborough and Cambridgeshire District Dyslexia Association**

PaCDDA is a charitable organisation that supports children and adults with dyslexia, their families, educators and employers; and aims to raise awareness of dyslexia. Runs 'Children Will Shine' workshops and is part of the British Dyslexia Association (BDA).

Tel: 07737986543

Email: j.swift@talktalk.net

Website: <http://www.pacdda.org.uk>

**Peterborough Dyspraxia Group**

The group provides newsletters, family social activities, conferences with professional guest speakers and a sympathetic ear. As the parent of a child with dyspraxia you may feel very isolated and anxious. Talking to another person in the same position can prove a great relief and peace of mind.

Contact: 01480 877333

Email: information@pinpoint-cambs.org.uk

Website: <https://www.pinpoint-cambs.org.uk/support-groups/peterborough-cambridgeshire-district-dyslexia-association-pacdda/>

**Peterborough and District Deaf Children's Society**

Parenting a deaf child has its own special challenges but there are people out there who go through it too and the Parent Club is the place to meet them and share experience and knowledge. We are a group of parents and carers living in and around the Peterborough area with one thing in common: a desire to share experiences, build friendships and provide lots of opportunities for our deaf children to meet up and have fun together. Activities, outings and parties are held.

Website: <http://pddcs.co.uk/>



Peterborough Area Down's Syndrome Group

The Peterborough Area Down's Syndrome Group first started when a small group of parents decided to set up a local charity to support parents, carers and people with Down's syndrome in Peterborough and the surrounding areas. The charity offers support and information through regular drop-in sessions, speech and language therapy and an active social calendar. The charity is affiliated to the national charity the Down's syndrome Association and membership to our charity is free for families, carers and people with Down's syndrome.

Contact: Laura Tilley

Email: lauratilley37@hotmail.com

Website: <http://www.padsg.org/index.htm>

Peterborough City Council:



Families Information Service for Peterborough

We are a free, impartial one-stop-shop service providing information, advice and assistance to families or prospective families on all aspects of childcare, including available funding and family life in general.

Tel: 01733 864446 between 9.00am and 5.00pm Monday to Friday.

Email: fis@peterborough.gov.uk

Website: [Peterborough Information Network](#)



Peterborough & District Samaritans

Whatever you are going through, whether it is big or small, you can talk to our trained volunteers in confidence at any time of the day or night. We will help you talk things through and keep things confidential. By the way, we are not a religious organisation. All calls charged at the local rate. Usual hours open to receive callers at the door: 12:00pm - 8:00pm

Address: 32-34 St John's Street, Peterborough, Cambridgeshire, PE1 5DD

Tel: 08457 909090 or Peterborough hot line 01733 312727 or call free on 116 123

Email: jo@samaritans.org

Website: [Peterborough and District Samaritans](#)

Pinpoint Cambridgeshire

Pinpoint Cambridgeshire is an **independent information, support and parental involvement network**. We are **run by parents**, and **work for all parents and carers**, across Cambridgeshire, **especially those with children with additional needs and disabilities**.

Tel: 01480 877333

Website: <https://www.pinpoint-cambs.org.uk/>



Relate

We're here to help you make the most of your couple and family relationships, past, present or future. We can help you even if you're not currently in a relationship. Our services include [Relationship Counselling](#) for individuals and couples, [Family Counselling](#), [Mediation](#), [Children and Young People's Counselling](#) and [Sex Therapy](#). We also provide friendly and informal [workshops](#) for people at important stages in their relationships.

We have a network of [Relate Centres across the UK](#) and a group of licensed local counsellors that provide face-to-face counselling and support. We also provide [phone](#), [email](#) and [Live Chat](#) counselling so you can choose the support that works for you. Our [relationship help pages](#) offer practical tips, guides and videos to help you manage common relationship issues such as sex, separation and divorce, and parenting. Whatever the issue, we can help.

Address: Peterborough Relate

Peterborough Central Library

Broadway,

Peterborough

Tel: 01302 347866

Website: <http://www.relatecambridge.org.uk/>



Spina Bifida and Hydrocephalus (Shine formally ASBAH)

This organisation provides detailed information about the conditions spina bifida and hydrocephalus and offers further links to related organisations.

Address: 42 Park Road, Peterborough, Cambridgeshire, PE1 2UQ.

Tel: 01733 555988

Website: [Shine - Spina Bifida & Hydrocephalus](#)

The Aiming High Group Peterborough

Sensitively delivered support group for parents/carers of children with disabilities/special needs. The Aiming High Group is an inclusive and sensitively delivered support group for parents and carers of children with disabilities and special needs from all cultures.

Address: c/o PCVS, 3 Lincoln Court, Lincoln Road, Peterborough, Cambridgeshire, PE1 2RP

Contact: Robila Jan

Tel: 07771583040

Website: <https://localgiving.com/charity/tahg>

**Tracheo-Oesophageal Fistula Support Group (TOFS)**

TOFS is a registered, UK-based charity dedicated to providing emotional support to families of children born with Tracheo-Oesophageal Fistula, Oesophageal Atresia and associated conditions. Tracheo-Oesophageal Fistula (TOF) and Oesophageal Atresia (OA) are rare congenital conditions that affect one in every 3,500 babies. Learning that their child has TOF/OA can be an extremely difficult time for parents. From that first moment to sharing the everyday challenges of bringing up a child with TOF/OA, TOFS offers friendship, support and information.

Contact East Anglia: Sarah Dawson: Adult TOF and mum to Jack, born 2010, TOF/OA, dysmotility of the oesophagus, GORD, silent reflux, genetics (in particular Feingold Syndrome).

Tel: 07906 113082

Email: slld@hotmail.co.uk

Website: [TOFS | Home](#)

Zest Peterborough

Zest is a registered charity for adults with a wide range of learning disabilities and autistic spectrum difficulties. We provide a wide range of high-quality care, support and educational services to meet the needs of autistic individuals of all ages, and their families and carers.

Email: info@zest-rtl.com

Services in Peterborough:



Advice and Guidance Peterborough

We offer free advice for charities and voluntary groups on specific issues such as setting up a volunteer programme (through Peterborough Volunteer Centre), advice on how to set up your new group, provide example documents such as constitutions, equal opportunity policies, service user protection policies and much more.

- Building Better Opportunities Employability
- Health first

Address: 32-34 Cromwell Rd, Peterborough PE1 2EA

Tel: 01733 342683 or 01733 311016

Email: pcvs@pcvs.co.uk

Website: <https://www.pcvs.co.uk/>



Aids and Equipment for Children at Peterborough City Council

The Local Authority is responsible for providing equipment for daily living and non-medical needs. Your health authority is responsible for providing equipment to meet nursing or medical needs. In addition, equipment to help a child access the curriculum may be arranged by a school or local education authority. Contact Peterborough City Council on 01733 747474 and ask to be put through to the **Children with Disabilities Team**.

Care Choices for Respite/Care Services



Founded in 1993, **Care Choices** is a leading publisher of care information and produces many of the official care directories for local authorities and councils. Other independent publications include **Care Select**, **Care Management Matters** and **Progress**. Through many years of care sector experience, **Care Choices** has developed an interactive service to enable those looking for care provider information to submit specific requirements via this website for a tailor-made list of care homes matching individual needs and preferences. To obtain a hard copy of the Peterborough Care Services Directory please contact the Customer Services at Peterborough City Council on 01733 747474.

Address: Care Choices Ltd, Valley Court Offices, Lower Road, Croydon, Hertfordshire, SG8 0HF

Tel: 01223 207770

Email: www.carechoices.co.uk/contact-us

Website: <http://www.carechoices.co.uk/region/east-of-england/cambridgeshire/peterborough/>



CAMHS

Getting help from Child and Adolescent Mental Health Services (CAMHS). **CAMHS** are specialist NHS services. They offer assessment and treatment when children and young people have emotional, behavioural or mental health difficulties. Also known as the NHS Children's Learning Disability Team – Peterborough they provide behavioural and mental health support to children with a diagnosed Intellectual Disability between the ages of 4 to 18 years. We require a formal assessment and/or a Statement of Special Educational Need that demonstrates global developmental delay.

Address: City Care Centre, Thorpe Road, Peterborough PE3 6DB

Tel: 0300 555 5810

Website: <https://www.cpft.nhs.uk/search/service/child-and-adolescent-mental-health-services-camhs-63>

Caring together - Peterborough

Is a partner of Carers Trust that provides services and more help for family carers and their families across the county, by offering short breaks, quality respite care, and support groups for all ages. Carers Trust Cambridgeshire offers special needs child care in Cambridgeshire and Peterborough helping children and young people aged from 0-19 with a variety of physical and learning disabilities. Our work with children and their families is centred on the child/young person and aims to promote their independence and inclusion and to help them develop life skills.

Address: Caring Together

Unit 4, Meadow Park

Meadow Lane

St Ives

Cambridgeshire

PE27 4LG

Tel: 0345 241 0954

Email:

Website www.caringtogether.org

Crisis Resolution Home Treatment Team

A crisis resolution team (sometimes called home treatment) provides intensive support for people in mental health crisis in their own home, or other suitable alternative such as a crisis house. The crisis resolution team will stay involved until the problem is resolved. It is designed to provide prompt and effective home treatment, including medication, in order to prevent hospital admissions and give support to carers.

Address: Peterborough Team, CRHTT North, Cavell Centre, Bretton Gate, Peterborough
PE3 9GZ

Tel: 01733 776029

Website: <http://www.cpft.nhs.uk>

Direct Payments Peterborough

PCVS Direct

Payments Support Service provides information, advice and support with all aspects of Direct Payments. PCVS Direct Payments Support Team provides a friendly, flexible support service for people in Peterborough who receive Direct Payments as part of their “care package”. We offer free and independent advice and support. The Team has a strong understanding of social care in Peterborough, built on years of experience, working closely with Adult Social Care, Health professionals, charities, voluntary groups and other services. We support service-users to set up and manage their Direct Payments in order to promote more choice and control over their own care and support. PCVS Direct Payments Support Service is part of a registered charity, not for profit and driven by service-user needs.

Tel: 01733 342683

01733 311016

Email: direct.payments@pcvs.co.uk

Website: <http://www.pcv.co.uk/direct-payments/>



Disability Peterborough – Formerly DIAL Peterborough

DIAL Peterborough is your local centre for free confidential and impartial information and advice, for physically disabled people, their carers and families. The purpose of DIAL Peterborough is to provide a range of services that assist people with physical disabilities to achieve their potential and have maximum choice and control over their lives. The information and help we provide can enable anyone, living in Peterborough, with a disability gain the freedom and support they are entitled to. We hold a Legal Services Quality Mark for disability case work.

DIAL Peterborough has four core functions:

1. Support disabled people to access their rights.
2. Identify local needs & issues of disabled people
3. Enable the views of disabled people to be represented effectively at policy, strategic planning and service delivery levels of our statutory partners
4. Ensure disability issues are kept high on local providers agendas

Address: Dial Peterborough, John Mansfield Campus, Western Avenue, Dogsthorpe, Peterborough PE1 4HX

Tel: 01733 265551

Email: dialpeterborough@btconnect.com

Website: <http://www.disabilitypeterborough.org/>

Family Carers Prescription

Are you caring for someone and feel emotionally or physically overwhelmed? Would a break make a difference to your wellbeing? You can visit your GP and explain your situation. It is important that your GP acknowledges you are a carer and that your details are logged on their Carers Register which will try to improve the ongoing support available to you. If you and your GP agree that more support is required, you will be issued with a free Prescription. Your details will be passed to Carering together Cambridgeshire with your consent, so that you can be supported with information and the opportunity of a carer's assessment. We will visit you to discuss the most appropriate form of support, which could include a free short break. We can point you in the right direction to where you can find out more about caring, your rights, free services or benefits you may be entitled to. You may choose to have a short break for some "me" time away from it all to support your own health or to keep an appointment.

Tel: 0345 241 0954

Website: <https://www.caringtogether.org/fcp>



Headway Cambridgeshire and Peterborough Branch

Headway Cambridgeshire provides specialist services and support to people with an acquired brain injury and other neurological conditions and their families across the county. Since 1989 we have been helping people to live as independently as possible in their communities helping them achieve their full potential. Brain injury can affect anyone, at any time and Headway Cambridgeshire, an autonomous charity, supports individuals and their families through these life-changing events, treating clients as individuals and building a bespoke service to meet their needs and aspirations. Wherever you live in Cambridgeshire or Peterborough, we can support you either at one of our hubs, in the community or at home. Open in Peterborough Wednesdays 9.30 am - 2.30 pm.

Address: 3 Blenheim Court, Peppercorn Close, Peterborough, PE1 2DU

Tel: 01223 576550

Email: info@headway-cambs.org.uk

Website: <http://www.headway-cambs.org.uk/>



Health Visiting Service Cambridge and Peterborough

The Peterborough Health Visiting Service is a universal health service for all children aged 0-5 years and their parents/carers. Working closely with the school nursing service for school-age children, we aim to optimise health and promote learning through well-being and inclusion.

Tel: 0300 029 50 50

Website: <https://www.cambscommunityservices.nhs.uk/what-we-do/children-young-people-health-services-cambridgeshire/cambridgeshire-0-19-healthy-child-programme>



Incontinence Services

There is no Paediatric Continence Team so for pre-school age children 0-5 the parent should contact the Health Visitor Services (please refer to the list) and for school age children, 5 and above, the parent should contact the School Nursing Services (please refer to the list). These services will make an assessment and will lease with the Continence Advisory Service, which provides confidential specialist assessment, care, treatment, advice and product fitting for individuals with bladder and bowel problems.

Address: Continence Advisory Service, City Health Clinic, Wellington Street, Peterborough, PE1 5DU

Tel: 01733 466664/466646

Email: CCS-TR.continenceservices@nhs.net

Website: <https://www.cpft.nhs.uk/search/service/continence-73/>





Paediatric Physiotherapy

The Peterborough Paediatric Physiotherapy Service provides specialist needs led paediatric physiotherapy for children and young people (from birth to 18 years old, or 19 years if in a special educational setting) presenting with general developmental delay, movement disorder or disability due to any diagnosis or illness for which physiotherapy intervention is indicated.

Address: Child Development Centre, City Care Centre, Thorpe Road, Peterborough, PE3 6DB

Tel: 0300 555 5965

Website: <https://www.cpft.nhs.uk/physiotherapy-children/>



Peterborough Paediatric Psychology service

The Peterborough Paediatric Psychology Service is part of a multi-professional team which assesses a child's (up to the age of 5) abilities across a range of areas to determine how best their additional needs can be described and supported.

Address: The Child Development Centre, City Care Centre, Thorpe Road, Peterborough, PE3 6DB

Tel: 0300 555 5810 **Email:** CommPaedsadmin@cpft.nhs.uk

Website: <https://www.cpft.nhs.uk/community-paediatrics/>



Paediatric Occupational Therapy

The Peterborough Paediatric Occupational Therapy Service helps children and young people (up to the age of 18) who are experiencing significant delay in their development to achieve or maintain their maximum level of independence and to develop practical life skills so that they can participate to their full potential at home and in the classroom environment.

Address: Paediatric Occupational Therapy Service, Peterborough Children's Services, City Care Centre, Thorpe Road, Peterborough, PE3 6DB

Tel: 0300 555 5965

Email: cpm-tr.childrensOTcpft@nhs.net

Website: <https://www.cpft.nhs.uk/occupational-therapy-children/>





Paediatric Speech & Language Therapy

The Peterborough Paediatric Speech and Language Therapy Service (SALT) assesses, diagnoses and provides treatment for a range of speech, language, communication and feeding difficulties in children and young people.

Address: Paediatric Speech and Language Therapy Service (SALT), Werrington Health Centre, Skaters Way, Werrington, Peterborough, PE4 6NB

Tel: 0300 555 5965

Website: <https://www.cpft.nhs.uk/speech-and-language-therapy-children/>

Peterborough and Fenland Rethink Carers Group

(Previously known as the Schizophrenia Fellowship Group) represent and support carers of people with severe and enduring mental illness in the Peterborough and Fenland area. They support and provide information to friends and family of people with a mental illness.

Tel: 01354 655786 / 07860 589 758

Email: groups@rethink.org

Website: www.rethink.org



Peterborough Early Years SEND and specialist Portage Service

Portage offers a framework of support, which respects each family and their own individual priorities. It is a model that adapts flexibly to individual child and family needs. Families are visited weekly or fortnightly at home by their trained Portage Home Visitor. Parents share with the home visitor their understanding of their child's individual gifts, abilities and support needs. Profiles or developmental checklists may help with this process of identifying strengths and goals for future learning when Portage begins. **Fundamental to Portage support are the principles that:**

- All children and parents should be valued for their unique qualities.
- Parents play the key role in supporting their young child's development.
- Services for the families are most useful when they support everyday living and delivering in a child's natural environment.
- Building on abilities and strengths, rather than focussing on difficulties best supports children's learning and enjoyment.

Address: Peterborough Portage Service, Ground Floor, Sand Martin House, Bittern Way, Fletton Quays, Peterborough, Cambridgeshire PE1 1FB

Tel: 01733 864720

Email: sarah.bernard@peterborough.gov.uk

Website: <https://www.portage.org.uk/peterborough-portage-service>



Peterborough and Stamford Hospital – Children’s Services

Amazon Ward and Jungle Assessment Unit: These facilities provide a comprehensive paediatric medical and surgical emergency and elective service for all children up to the age of 16 who are referred via A&E, their GP, The Walk-in Centre, the police, social workers, health visitors, midwives and school teachers. The service provides specialist orthopaedic surgery, paediatric urology and ENT surgery and some specialist maxilla-facial surgery for children up to the age of 16. Children with chronic disease continue to receive paediatric care beyond the age of 16 should this be required. The paediatric HDU facility is used to care for very sick children.

Rainforest Outpatient Department: The Rainforest Outpatients Department is used by paediatricians, physiotherapists, dieticians and by visiting specialist consultants (paediatric surgeons, cardiologists, rheumatologists and paediatric neurology specialists). There is a ‘rapid-access’ clinic situated in this outpatient department which is staffed by senior paediatricians and is available for GPs to refer children who require a prompt specialist paediatric assessment but are not deemed an emergency.

Jungle Assessment Unit: Children are referred to this unit usually by their GP or by A&E and are assessed by a paediatrician and a registered children’s nurse prior to being discharged home or admitted to the Amazon Ward.

Address: Peterborough City Hospital, Edith Cavell Campus, Bretton Gate, Peterborough, PE3 9GZ

Tel: (01733) 678000

Cherry Lodge

Cherry Lodge is a short break and shared care provision for up to 8 children and young people with severe and complex learning disabilities; this includes children and young people who have physical disabilities, associated health needs and sensory impairment. They can access the home from the age of 5 and can continue until they are 19 if this is considered to be the best option.

The purpose of Cherry Lodge is to provide a safe and stimulating environment in which children and young people can learn, play and develop and prepare for the transition to adult services.

Email: <https://fis.peterborough.gov.uk/kb5/peterborough/directory/service.page?id=onryO65CUZQ>

Tel: [01733 391941](tel:01733391941)



VoiceAbility (formerly Advocacy partners Speaking Up for Families)

Our Family advocacy service in Peterborough offer free, confidential and independent support service to parents who have a learning disability or a mental health illness.

Advocacy support is central to creating a positive experience of parenting for people with learning difficulties, and Advocacy Partners Speaking Up currently provides such services in Cambridgeshire and Peterborough.

Our One to One advocacy support, crisis advocacy and signposting to the appropriate sources of support and information ensure that parents have their voices heard and know their rights.

Address: Voiceability Peterborough, Mount Pleasant House, Cambridge, CB3 0RN

Tel: IMCA (independent mental health advocacy) George Kirkman and Rachel Mason on 03003305499 and Care Advocacy on 03002225948

Email: imca@voiceability.org, careadvocacy@voiceability.org

Website: <https://www.voiceability.org/support-and-help/services-by-location/cambridgeshire>

Wheelchair Services Peterborough & Cambridgeshire

For children aged 3+. Referral is through your GP or Occupational Therapist. For both manual and electric wheelchairs and their maintenance. If you have a permanent disability which means you can't walk, we will assess your posture and mobility and provide you with a wheelchair if you are eligible for one.

Address: Units 5 & 6 Kingfisher Court

Kingfisher Way

Hinchingbrooke Business Park

Huntingdon

PE29 6AA

Website: <https://cambridgeshireandpeterborough.wheelchair.services/>

Shopmobility

We hire out mobility scooters, powered and manual wheelchairs. We also hire manual wheelchairs for long term hire. We have a central location which is friendly, warm, dry and safe, a base in town enabling you to shop, socialise and keep appointments.

Registration is quick and easy, after which equipment can be borrowed.

Address: Floor 11, Queensgate Shopping Centre, Peterborough, PE1 1NS

Tel: 01733 313133/ 07760387377

Website: <http://www.shopmobilitypeterborough.co.uk/community/shopmobility-peterborough-13595/home>



YOUNITED

YOUnited offers help to children and young people with their emotional wellbeing and mental health.

It is available to those up to the age of 25 and offers a range of support including therapies, counselling and guided self-help.

Referrals can be made to YOUnited by a GP or any professional working with children or young people.

All referrals are triaged and assessed by specialist staff from YOUnited who then work with clients, as well as their family or carers if necessary, on the best pathway to support their needs.

The YOUnited referral hub only accepts professional referrals.

YOUnited is a partnership involving: Cambridgeshire and Peterborough NHS Foundation Trust, Cambridgeshire Community Services NHS Trust, Centre 33, and Ormiston Families.

Young people have been instrumental in helping co-design the service.

What to do if a young person is in crisis

If a young person is in mental health crisis contact CPFT's First Response Service by calling NHS 111 (option 2)

People in Wisbech have not got the option 2 but can access the service via dialling 111. The call handler will then transfer them direct to the FRS (First Response Service) service



Head 2 Toe Charity

Their mission is to enhance CPFTs ability to improve the health and well-being of the people it serves and the staff who care for them. They fundraise and invest funds in the following areas:

1. Enhancing care and treatment for individuals and families.
2. Providing hope and support for patients, service users, their families, carers and staff.
3. Funding pioneering research and innovation to transform healthcare, now and in the future.
4. Raising public awareness and understanding of mental health and long-term physical health conditions.

Address: Elizabeth House, Fulbourn Hospital, Cambridge, CB21 5EF.

Telephone: 01223 219708

Email: charity@cpft.nhs.uk

Website: <https://www.cpft.nhs.uk/ourcharity/>



Kooth

XenZone is a provider of online mental health services for children, young people and adults. Kooth, from XenZone, is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop and free at the point of use.

Website: <https://kooth.com/>

What to do in Peterborough:

Sports:



Bowling Centre

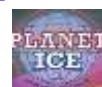
Bretton has facilities so that you can bowl from your wheelchair. Mention your disability when making your booking so that the end lanes can be reserved. The centre is fully accessible. Discounts are available to disabled people

Address : Sturrock Way, Bretton, Peterborough, PE3 8YF

Tel: 0844 8263027

Website:

https://fis.peterborough.gov.uk/kb5/peterborough/directory/service.page?id=K7_cz8Yru50



Peterborough Arena (ice stadium)

Can take six wheelchairs on a specially raised area. Parent and toddler sessions as well as after school skating sessions available.

Address: Planet Ice Arena, 1 Mallard Road, Peterborough, PE3 8YN

Tel: 01733 260222

Email: pet.boxoffice@planet-ice.co.uk

Website: www.planet-ice.co.uk

Peterborough Disabled Angling Academy

Peterborough Disabled Angling provides fishing facilities for disabled children and adults or those with emotional health problems. Professionally trained tuition is provided at our club venue at Goldie Lane Peterborough. Able bodied beginners or experienced fishing members are welcome to join our angling.

Tel: 01733 869599 (contact Ian or Molly Donald)

Website: <https://bdaa.co.uk/>



Peterborough United Football Club

Football club, aka the posh, offers sports and education community projects and merchandise shop. It has room for 10 wheelchair users and carers, and walking disabled people. If you are in a wheelchair you pay half price and the carer is admitted free. If you need to park close to the entrance, phone early on the day of the match to reserve a parking space.

Address: London Road Stadium, London Rd, Peterborough, Cambridgeshire PE2 8AL.

Tel: 01733 563947

Email: info@theposh.com

Website: www.theposh.com

Riding for the Disabled



We believe that horse riding offers an opportunity for enjoyment, challenge, friendship, laughter, achievement, independence and confidence.
Riding is for disabled children up to the age of 16 years and is Monday to Friday term times only.

For initial enquiries contact Deborah Pennell.

Email: debspennell@btinternet.com

Website: <http://www.peterborough-rda.co.uk>



Sailability

Sailing one of the very few sports in which able-bodied sailors and disabled sailors can participate on equal terms. Sailability encourages and supports disabled people to take up the sport.
Peterborough Sailability meets every Tuesday and Thursdays from April to October at Ferry Meadows.

Tel: 07948 262919 for details

Email: p.sail@hotmail.co.uk

Website: <http://www.peterboroughsailability.org/#!contact/ccbt>

Swimming Pools with Hoists



The following pools have hoists to help you into the water and prefer prior notification so that they can make sure that the appropriate help is available when you need it.

Address: Regional Pool, Bishop's Road, Peterborough PE1 5BW

Tel: 01733 864760

Email: regionalpool@vivacity-peterborough.com

Website: <https://vivacity.org/sports-venues/regional-fitness-swimming-centre-regional-pool/>

Address: Jack Hunt Pool, Ledbury Road, Peterborough, Cambridgeshire PE3 9PN

Tel: 01733 864759

Email: jemma.rees@vivacity-peterborough.com

Website: <http://www.vivacity-peterborough.com/venues/jack-hunt-pool-and-gym/information/contact/>

Address: Standground swimming Pool, The Standground Academy, Peterborough Road, Peterborough, PE7 3BY.



Tel: 01733 821430

Email: admin@stangroundacademy.org

Website: <http://www.stangroundsportscentre.org/our-facilities/swimming-pool>





Tallington Ski & Snowboard

Slopes have facilities for disabled people to take part for information.

Tel: 01778 347000

Website: <http://www.tallington.com/land-activities/dry-ski-slope/>

Vivacity Jack Hunt Swimming pool



We host the Friday Night Club 6.30-7.30pm. This is a swimming group for disabled and sensory impaired people and their families, which aims to equip you to be able to go into mainstream swimming.

Address: Ledbury Road, Peterborough, Cambridgeshire PE3 9PN.

Tel: 01733 864759

Email: jemma.rees@vivacity-peterborough.com

Website: <http://www.vivacity-peterborough.com/venues/jack-hunt-pool-and-gym/information/contact/>

Vivacity Peterborough Disability Sports & Leisure



FINS

Runs every week during term time and is a swimming club for young people with a range of learning, sensory or physical abilities.

Session details: Saturday 10.00am – 10.30am & 10.30am – 11.00am. From 5 years old.

Address: Regional Fitness and Swimming Centre, Bishops Road, PE1 5BW.

Sharks Basketball Club

Sharks is a disability club open to all ages and abilities. Currently all our players are 14yrs+ and adults with learning disabilities but we are keen to include younger people and participants with sensory and physical disabilities.

Session details: Sundays 11.00am-12.00pm

Address: Hampton Library and Leisure Centre, Clayburn Road, Hampton, Peterborough PE7 8GL

Dance

A new session added to the disability sports programme. Individuals can learn routines, but also create their own style of dance that suits their ability level.

Session Details: Tuesdays 1.00pm-2.00pm.

Address: Hampton Leisure Centre, Clayburn Road, Hampton, Peterborough PE7 8GL

Cricket

As one of the most popular sports in the country, cricket can be played in different formats and for a range of ability levels.

Session details: Thursday 11.00am-12.30pm.

Address: Hampton Leisure Centre, Clayburn Road, PE7 8GL

Adapted Cycling Club

People who have mobility problems can come to any of the Peterborough Adapted Cycling Scheme (PACS) sessions and try out a range of specially adapted bikes, with both qualified cycling coaches and experienced disabled cyclists on hand to offer help and support.

Session details: All year round, Hand cycling and Tandem, Wednesdays 10.30am-11.30am & 5.00pm-7.00pm

Address: Embankment Sports and Athletics Arena, Bishops Road, PE1 5BW.

Session details: April – September - Adapted Cycling, Thursdays 4pm-6pm & Saturdays 12.30pm-2.30pm

Address: Ferry Meadows Watersports Centre Nene Park, Ham Lane PE2 5UU.

Archery Programme

We offer target archery to suit a range of abilities and needs. Our qualified archery leaders adapt the equipment and delivery style to enable participants to reach their potential.

Outdoor Session details: April – September, Fridays 11.00am – 12.30pm

Address: Embankment Sports and Athletics Arena, Bishops Road, PE1 5BW.

Indoor Session details; October – March, Fridays 11.00am – 12.30pm

Address: The Focus Community Centre, Chestnut Avenue, Dogsthorpe, PE1 4PE.

Session details: All year round, Sundays 9.45am-10.45am

Address: Werrington Leisure Centre, Staniland Way, Werrington, Peterborough, PE4 6JT.

Boccia Programme

Boccia is a Paralympic sport belonging to the same family as bowls. It's particularly suited to people with severe impairments, but is open to everyone with carers and family members welcome.

Session details: Saturdays 10.00am-12.00pm

Address: Peterborough Indoor Bowls Club, Burton Street, Peterborough PE1 5HA.

Session details: Mondays 1.00pm-2.30pm

Address: The Cresset, Bretton, Peterborough, Cambridgeshire, PE3 8DX.

Session details: Mondays 5.00pm-6.00pm

Address: Bushfield Leisure Centre, Orton Centre, Peterborough PE2 5RQ

For all sports:

Tel: 01733 863783 or 07984 633154 (Matt Taylor for more information)

Email: matt.taylor@vivacity-peterborough.com

Website: <http://www.vivacity-peterborough.com/sport-and-leisure/disability-sports-programme/fins-swimming-lessons/>



Werrington Sports and Recreation Centre

Staniland Way, Werrington, Peterborough, is open to people with any sort of disability, from the age of five with no upper age limit. The centre is fully accessible and there is a lift. Werrington Leisure Centre in Werrington on the same site as Ken Stimpson Community School and Werrington Library. If you use a Sat Nav for directions you need to enter PE4 6WR as this is the postcode for the car park.

Address: Werrington Leisure Centre, Staniland Way, Werrington, Peterborough, PE4 6JT.

Tel: 01733 576606

E-mail: werringtonsports@vivacity-peterborough.com

Website: <https://www.vivacity.org/sports-venues/werrington-leisure-centre/>

Activities:

Beat This - Community Music Workshops

“Beat This” is a Community Interest Company (or CIC), which is a social enterprise with a conscience. We use music and technology to help children, young people and adults with additional needs learn, interact and create through music.

Address: Beat This C.I.C, Unit 2, The Courtyard, 27 Norfolk Street, Peterborough, PE1 2NP.

Tel: 01733 873014

Email: info@beatthis.org

Website: <http://www.beatthis.org/>

Early Years Centre, Caverstede Nursery

Has a toy library which is for families who attend Caverstede Nursery or live in the Walton Community Area.

Address: Caverstede Early Years Centre, Caverstede Road, Walton, Peterborough, PE4 6EX

Tel: 01733 571742

Email: earlyyears@caverstede.peterborough.sch.uk

Website: <http://www.caverstede.peterborough.sch.uk/website/home>



East Children's Centre (incl Parnwell)

The Children's Centre has activities on site, but also runs, supports and signposts to other local services. It offers easy access to health and family support, help with finding jobs and training, drop-in sessions and activities, and information and about local childcare and early education. ...

Address: 21 Durham Road, Peterborough, PE1 5JU

Tel: 01733 894028

Email: peterboroughadminteam@barnardos.org.uk

Website: <https://families.barnardos.org.uk/>



Families First

Families First Peterborough is a Community Interest Company working with children, young people and families in play centres and schools. Families First Peterborough can offer one to one and small group work to children aged 5 to 11 years old. We will complement these interventions by also offering parents and carers parenting support.

Contact: Cherry Lester

Mobile: 07851424925

Email: info@familiesfirstpeterborough.org

Website: <https://www.facebook.com/familiesfirstpeterborough/timeline>

Honeyhill/Paston Children's Centre

Children's Centres are a 'one stop shop' for families with children under five and their families.

Families can access a range of activities and support including:

- Ante-natal care and education
- Family health services and information
- Parenting and family support
- Learning through play sessions
- Help with finding a job or training

We provide a wide range of groups and services for parents-to-be and families with children 0-5 years.

Address: Honeyhill Children's Centre Hub, 150 Chadburn, Paston, Peterborough, PE4 7DH

Tel: 01733 577611

Website: <http://www.honeyhillcc.com/>



Little Miracles

Little Miracles is a parent led support group and Charity for families that have children with additional needs, disabilities and life limiting conditions.

Address: The Spinney, Hartwell Way, Peterborough, Cambridgeshire PE3 7LE

Tel: 01733 262226

Email: admin@littlemiraclespeterborough.org.uk

Website: <http://www.littlemiraclescharity.org.uk/>



Music Bugs

Hello my name is Sarah and I run sensory music classes and parties for babies, toddlers and pre-schoolers in the Peterborough area. If you are trying Music Bugs for the very first time you can either pay for a 'one-off' trial session, or you can take advantage of our '3 classes for £10' offer.

Contact me for further details on:

Tel: 0844 578 1015

Email: peterborough@musicbugs.co.uk

Website: <http://www.musicbugs.co.uk/>

Orton Children's Centre

The Children's Centre has activities on site, but also runs, supports and signposts to other local services. It offers easy access to health and family support, help with finding jobs and training, drop-in sessions and activities, and information and about local childcare and early education.

Address: Main base is Orton Children's Centre, Jigsaw Centre, Herlington, Orton Malborne, Peterborough, PE2 5PW

Tel: 01733417438

Email: Telephone 01733 391652

E-mail peterboroughadminteam@barnardos.org.uk

Website: <http://www.ortoncc.com/>



Peterborough Libraries

Members can borrow books, including large print, CDs and videos. Spoken word tapes and CDs are free to borrow, as are subtitled videos and DVDs. All libraries have microphones at reception to aid people with hearing difficulties. The Central library offers, on request, Clearvision children's books in Braille with accompanying text. Also available is a PC with accessible software and magnifiers. The Central library is fully accessible to wheelchair users. The lecture theatre has an induction loop and neck loops are available for use in the main library. An adapted mobile library with easier steps and a wheelchair lift, which visits residential homes and sheltered housing on a monthly basis.

Peterborough Libraries also operates the Doorstep Service taking books and spoken word cassettes.

This service also pays the subscriptions for people using RNIB's Talking Book Service and is the local agent for Wireless for the Blind. Any enquiries:

Tel: 01733 864280

Email: libraryenquiries@vivacity-peterborough.com

Website: <https://peterboroughlibraries.org.uk/>



Unity Superstars

Is one of England's first ever competitive Cheerleading squad for young people with a range of learning, sensory or physical abilities. Cheerleading combines dance, gymnastics, stunting, jumps, cheers, chants and having fun! Contact Amee Garala on:

Address: Thorpe Cp School, Atherstone Avenue, Peterborough, PE3 9UG.

Tel: 0794 102 4082

Email: superstars@unityallstars.org

Website: <http://www.unityallstars.com/#!gold/cbm7>



Westwood Grange allotment

This site has put some allotments on raised beds to make them accessible to disabled people. The allotments also have adjacent car parking.

Address: Recreation Officer, Peterborough City Council, Nursery Lane, Fengate, Peterborough, PE1 5BG

Tel (Work): 01733 747474

Email: nick.king@peterborough.gov.uk

Leisure:



Family Voice Caravan

It is a service run by Family Voice Peterborough that ensures that families with children and young people who have SEND can enjoy a low cost holiday. For Further details call or go to:

Tel: 01733 685510

Email: holidays@familyvoice.org

Website: <https://familyvoice.org/caravan/>



Itter Park

Has a sensory garden that is currently being modernised.

Website: <https://thefriendsofitterpark.org.uk/>



RNIB Holiday and Leisure Service

Don't let your sight loss prevent you from taking and enjoying a holiday. There are lots of different types of holidays to choose from, and a number of services and organisations who can help find the right holiday for you. Information on a wide range of leisure pursuits is available from:

Tel: 0845 7023153

Website: www.rnib.org.uk



Peterborough Deaf Club

To give Deaf and BSL users an opportunity to meet and socialise. Tea and Coffee available.

Address: Kingfisher Centre, The Cresset, Rightwell Way, Bretton, Peterborough, PE3 8DX.

Email: PeterboroughDeafClub@gmail.com

Website: <http://cambsdeaf.org/services/cambridgeshire-deaf-clubs/peterborough-deaf-club/>



Peterborough PHAB Club

Phab's aim is to promote and encourage people of all abilities to come together on equal terms, to achieve complete inclusion within the wider community. Social club for disabled and able-bodied people aged 12-65 years. Activities include days out, weekends and trips abroad, quizzes, discos.

Address: The Kingfisher Centre, Rightwell, Bretton centre Peterborough, PE3 8DX

Tel: 07901282816

Email: info@wednesdayphab.org.uk

Website: <https://www.phab.org.uk/>



Play parks

Most of the Peterborough play parks have some equipment that is fully accessible. For further details or questions on any of the above contact the Peterborough City Council.

Tel: 01733 747474

Website: <https://www.peterborough.gov.uk/residents/leisure-and-culture/park-and-open-spaces/>



The Key Theatre

Has four wheelchair seats L8, L10, L29, L31 each has a carer's seat beside. There is an infra red hearing system, with five loops and five headsets, which are available from reception also. Carer's concessions are half price admission, the disabled person also gets half price admission. When booking your seat state any special requirements.

Address: Embankment Road, Peterborough, PE1 1EF

Tel: 01733 207239

Email: key.theatre@vivacity-peterborough.com

Website: <https://keytheatre-peterborough.com/>

SHOWCASE

The Showcase cinema

The complex is fully accessible to wheelchairs. Some films are available with subtitles (check for details). They have loop systems, accessible toilets and carers accompanying disabled people will not be charged an entrance fee. See <https://www.ceacard.co.uk/> for more details.

Address: Boon Gate, Mallory Road, Peterborough, EN PE1 5AU

Tel: 01733 555636

The Showcase also runs Autism /SPD friendly sessions every month.

Website: <http://www.showcasecinemas.co.uk/events/autism-friendly-screenings>



The John Clare Theatre

Has spaces for three wheelchairs and there are four disabled parking spaces at the side of the building. The lecture theatre has an induction loop plus a small number of remote receivers for the induction loop. The Cresset offers disabled parking bays, induction loops, and a wheelchair accessible theatre, carer's concessions are available. Disabled facilities at Peterborough Parks and Recreation Grounds Central Park have a DDA compliant garden developed to provide stimulation for the visually impaired. The park also has a sensory garden adjacent to the rangers hut.

Address: Peterborough Central Library, Broadway, Peterborough, PE1 1RX

Tel: 01733 864169

Website: <https://www.visitpeterborough.com/things-to-do/john-clare-theatre-suite-p876351>



Youth Club for Disabled Teenagers

Disabled teenagers want somewhere to go to make new friends and have fun. So Papworth Trust runs youth clubs for teenagers to get together and enjoy games, arts and crafts, karaoke, music and other activities. Available to Disabled children and teenagers age 11+.

Address: The Cresset Leisure Services Ltd, Bretton Centre, Bretton, Peterborough, PE3 8DX.

Tel: 07764 273326 / 01480 357200.

Email: linda.roberts@papworth.org.uk

Website: <http://www.papworthtrust.org.uk/>



Vivacity/Inclusive Sport Peterborough

Vivacity is an independent, not-for-profit organisation with charitable status. We manage many of Peterborough's most popular culture and leisure facilities on behalf of Peterborough City Council. Vivacity provides a myriad of opportunities for people to take part in cultural and leisure activities. Art, heritage, learning and sport form the mainstay of our services, with the specific purpose to help people.

For enquiries about our Sports Services please call 01733 864760

For enquiries about our Library Services please call 01733 864280

For enquiries about our Heritage Services or City Gallery please call 01733 864663

For enquiries about the Key Theatre or the Arts Services please call 01733 207239

Benefits, Financial Support and Funding in Peterborough:



Disability Peterborough

DIAL Peterborough is your local centre for free confidential and impartial information and advice, for physically disabled people, their carers and families. The purpose of DIAL Peterborough is to provide a range of services that assist people with physical disabilities to achieve their potential and have maximum choice and control over their lives. The information and help we provide can enable anyone, living in Peterborough, with a disability to gain the freedom and support they are entitled to. We hold a Legal Services Quality Mark for disability case work.

The services we offer include:

- Independent disability advice
- Understand your disability rights
- Disability Forum
- Consultation, involvement and inclusion
- Regular newsletters and radio shows
- Wheelchair and scooter services
- Accessible sport and leisure services
- Disability Discrimination advice
- Welfare Benefits services
- Advocacy and Care Plan advice
- Health, Wellbeing and Social Care advice
- Aids, adaptations and access information
- Assisted Technology and equipment advice
- Financial and legal guidance
- Employment advice and support
- Practical guidance workshops
- Education and employment links
- Influencing policy, practice and services

Address: John Mansfield Campus, Western Avenue, Dogsthorpe
Peterborough PE1 4H **Contacts:** Mrs Sandie Burns - Manager

Tel (Work): 01733 265551

Email: info@disabilitypeterborough.org

Website: <https://www.disabilitypeterborough.org>



Peterborough Benefits Office

The phone lines are open 8am to 6pm. In person - you can call at our Customer Service Centre. The customer service centre opening times. 9.00am to 5.00pm (Monday, Tuesday, Thursday and Friday) 11.00am to 5.00pm (Wednesday)

Email: benefits@peterborough.gov.uk

Website: <https://www.peterborough.gov.uk/council/benefits/>



Peterborough Citizen Advice Bureau (CAB)

Advice and information on issues including housing, benefits, employment, debt, tax, legal problems, immigration, nationality, consumer rights. The Citizens Advice service provides free, independent, confidential and impartial advice to everyone on their rights and responsibilities. It values diversity, promotes equality and challenges discrimination.

Address: 16-17 St Mark's Street, Peterborough, PE1 2TU

Advice Line: 0808 278 7850 (free phone number).

Monday – 9am – 4pm

Tuesday – 9am – 4pm

Wednesday – 9am – 4pm

Thursday – 9am – 4pm

Friday – 9am – 4pm

Website: <https://www.citapeterborough.org.uk/>



Peterborough Disability Community grants

We deliver a range of services aimed at improving the condition and state of repair of houses in Peterborough. The services include grants, advice and guidance on maintenance, enforcement and energy advice.

Tel: 01733 747474 or 01733 863895

Website: <https://www.peterborough.gov.uk/residents/housing/adapt-repair-improve/>

Mind Cambridgeshire, Peterborough & South Lincs



Disability Living Allowance renewals and the Personal Independence payment (Mental health) Mind Cambridgeshire, Peterborough and South Lincs can help to fill in DLA and PIP forms for people with mental health problems. We strongly advise people to seek specialist help in filling in the forms.

Tel: 03003034363

E-mail: wellbeing@pfmind.org.uk

Website: <https://www.cpslmind.org.uk/>



Advocacy Support

RNIB



Our information, products and services support blind and partially sighted children and young people, their families and professionals across the UK. This includes children and young people with additional disabilities and complex needs, specialist advice and guidance.

Address: Midgate House, Midgate, Peterborough PE1 1TN.

Tel: 0303 123 9999

email: helpline@rnib.org.uk

Website:

<https://fis.peterborough.gov.uk/kb5/peterborough/directory/service.page?id=hti6VqRW5ql>



SEN Legal

SEN Legal is a specialist education and disability law firm with a national client base. They act solely on behalf of parents/young persons in SEND Tribunal Appeals and Disability Discrimination claims. We do not represent Local Authorities. They also act for parents/young persons in Deputyship Applications and proceedings, Powers of Attorney, Judicial Review, Social Care, Personal Budgets, Exclusions and Admissions Appeals.

Address: <https://www.hcbgroup.com/site/contact/>

Website: www.senlegal.co.uk

Advocacy and Mediation Consultants Ltd

An independent specialist advice, advocacy and dispute resolution service for parents, schools, public and private organisations. Providing expert and accessible advice in the worlds of education, social care, family disputes and the justice system.

Tel: 07734 679857 / 07702 189889

Email: partners@advocacyandmediation.co.uk

Website: <http://www.advocacyandmediation.co.uk/>

Education Advocacy

Education Advocacy is a specialist legal consultancy, which provides legal support and guidance to parents of children with special educational needs, taking them through the education legal jungle.

Postal Address:

Education Advocacy U.K. Limited

Unit 16, Forest Gate

Pewsham

Chippenham

Wiltshire

SN15 3RS

Tel: 03303334130

Website: <http://www.educationadvocacy.co.uk/>

**Equality and Human Rights Commission**

They are an independent statutory body with the responsibility to encourage equality and diversity, eliminate unlawful discrimination, and protect and promote the human rights of everyone in Britain. An Information provider to help people understand their rights and responsibilities and improve compliance with the law, they also take legal enforcement action to clarify the law and address significant breaches of rights.

Address: FREEPOST, Eass Helpline, FPN6521

Tel: 0808 800 0082

Website: <https://www.equalityhumanrights.com/>

**National Youth Advocacy Service**

NYAS offers individual advocacy and a range of information, advice and support to ensure your voice is heard when decisions are being made about children, young people and some adults at risk. They have a network of 350 independent advocates to a wide range of children and young people.

Tel: 0151 249 4247

Email: contact.centre@nyas.net

Website: <https://www.nyas.net/services/advocacy/>



SEN Action

SEN Action is a specialist advocacy firm offering specialist support and representation nationwide to parents with children with special educational needs and Young People with SEN. Our main area of service involves supporting and representing our clients who have appealed to the Special Educational Needs and Disability Tribunal.

Address: The Old Post Office

41-43 Market Place

Chippenham

SN15 3HR

Tel: 01722 658855

Email: admin@senaction.co.uk

Website: <http://www.senaction.co.uk/>



SEN4YOU

SEN4You provides legal advice, support and representation to parents and carers in the areas of Special Educational Needs and Disability (SEND). We are a service offered by Baker Small Solicitors and are regulated by the Solicitors Regulation Authority. We are recognised by the Legal 500 as a leading public sector education firm in the South East of England.

We recognise that as a parent or carer the prospect of tackling the legalistic aspect of the education system is a daunting task. However, we are here to help you face this challenge and to secure the correct level of support your child needs.

- For an initial free discussion on whether we are able to advise you please contact us on 01908 082 422 or by email at advice@sen4you.co.uk.



Speak Up Self Advocacy

Run by people with learning disabilities and autism this advocacy service is dedicated to improving and valuing lives, working at promoting Inclusion, Choice, Rights, and independence. The difference for Speakup has always been having people with learning disabilities at the centre of all we do. They deliver training, support each other, write scripts and act in films, meet with other groups and government departments and make sure advocacy and the rights of people with learning disabilities are always at the top.

Address: Galax Business Centre, Fitzwilliam Road, Eastwood Trading Estate, Rotherham, S65 1SL

Tel: 01709 720462

Website: <http://www.speakup.org.uk/>

Sunshine Support

An award winning Special Educational Needs & Disabilities (SEND) Consultancy based in England and Wales. We empower and advocate for parents, carers and professionals who support children and young people with SEND.

Website: www.sunshine-support.org



Disability Law Service

Our mission is to provide free legal advice to people with disabilities and their carers to ensure that they have access to their rights and justice.

Telephone: 02077919800

email: advice@dls.org.uk

Website : www.dls.org.uk

Educational support in Peterborough:



KIDS

KIDS is a national charity providing a wide range of services for disabled children, young people and their families across England. How this service can help you in Peterborough:

Tel: 03330 062 835 (option 2)

Website: <http://www.kids.org.uk/Event/sen-disagreement-resolution-service-peterborough>

Website: <http://www.kids.org.uk/Event/sen-mediation-service-peterborough>



Peterborough City Council Education Psychology Service

Each of our educational psychologists covers a specific area of Peterborough and are responsible for providing a service for the young people living here. We are qualified psychologists with additional training in child and educational psychology. We work with parents, schools and other professionals to improve learning opportunities for children.

Address: Bayard Place, Broadway, Peterborough, PE1 1FB

Tel: 01733 863792/ 01733 863689

Website:

<https://fis.peterborough.gov.uk/kb5/peterborough/directory/service.page?id=oVgL52IFZY>



SEND Information Advice and Support Service - SENDIASS

The aim of the SENDIASS Service is to ensure that parents have access to information, advice and guidance in relation to the special educational needs of their children so they can make appropriate, informed decisions. **Peterborough Special Educational Needs and Disabilities Partnership**

Service(The SEND) service offers information, impartial advice and support to parents/carers of and children/young people who have SEND from 0 - 25 years.

Opening hours: 9am - 4.30pm

Contact: Marion Deeley

Address: 3rd Floor, Bayard Place, Broadway, Peterborough, PE1 1FB

Tel: 01733 863 979

Email: SENDIASS@peterborough.gov.uk

Website: <https://fis.peterborough.gov.uk/kb5/peterborough/directory/site.page?id=TYCT5txllwg>



Scope Sleep Right

This service provides support for families of disabled children and those with additional needs, aged between two and 19, who have severe sleep problems. Contact us today for more information on how to access our service, to arrange a free workshop or to book your place on existing training.

Contact: Michelle Harriss

Tel: 07435 970326

Website: <https://www.scope.org.uk/family-services/sleep-right/>

Important and useful websites nationally:

Nationally there are many places to find support for your child or young person with additional needs or a disability. Below you will find some of the main ones we have found, but please be aware that this is only a snapshot of what is available and the details about these will constantly change so please check the website for the most up to date information.

General Information, Advice and Support Nationally:

ADDISS



The National Attention Deficit Disorder Information and Support Service provides people-friendly information and resources about Attention Deficit Hyperactivity Disorder to anyone who needs assistance - parents, sufferers, teachers or health professionals.

Tel: 020 8952 2800

Email: info@addiss.co.uk

Website: <http://www.addiss.co.uk>

Afasic



Afasic was founded in 1968 as a parent-led organisation to help children and young people with speech and language impairments and their families. We provide information and training for parents – and professionals – and produce a range of publications. Members meet in local groups in many areas of the UK.

Afasic seeks to raise awareness and to create better services and provision for children and young people with speech and language impairments. It works in partnership with local and national government, professional and statutory bodies and other voluntary organisations.

Tel: 03006669410

Website: <http://www.afasic.org.uk/>



Beating Eating Disorders (BEAT)

BEAT is the leading UK charity for people with eating disorders and their families. BEAT is the working name of the Eating Disorders Association. BEAT's vision is simple: Eating Disorders will be Beaten. Eating disorders are a serious mental illness affecting 1.1 million people in the UK. BEAT provides helplines for adults and young people, online support and a UK-wide network of self-help groups to help people beat their eating disorder.

Help for young people

The [Beat Youthline](#) is open to anyone under 18.

Youthline: 0808 801 0711

Email: fyp@beateatingdisorders.org.uk

Website: <http://www.b-eat.co.uk/?gclid=CJGG46PNvckCFRa3GwodE9kOew>



Bladder and Bowel Foundation

Bowel problems are not limited to adults and are definitely not just part of getting older – children can experience them too. Some children will be born with bowel conditions while others can develop them as they start to grow. In this section you will find some basic information on children's constipation and support for parents, guardians and carers.

Tel: paediatric helpline service for advice on 0845 345 0165

Website: <https://www.bladderandbowel.org/>



Cambridge & Huntingdon Deaf Children's Society

Cambridge and Huntingdon Deaf Children's Society (CHDCS) is a small informal group for families of deaf children up to the age of 11, run by volunteer parents. We have children with varying degrees of hearing loss and different types of hearing aids. Location: Cambridgeshire & Huntingdon.

Email: cambridgeandhuntingdon@ndcsgroup.org.uk

Website: <https://www.ndcs.org.uk/about-us/>

The Centre for Accessible Environments (CAE)



Is the UK's leading authority on inclusive design. We aim to help secure a built environment that is usable by everyone, including disabled and older people. CAE pioneered the provision of access guidance for building designers based on collaborative research with disabled people. CAE is a leader in developing the case for designing for disabled people in the context of mainstream inclusive design.

Tel: [02078228232](tel:02078228232)

Website: <http://cae.org.uk>

Contact

Contact is a national charity for families with disabled children. We provide information, advice and support. We bring families together so they can support each other. We campaign to improve their circumstances, and for their right to be included and equal in society.

Read our most recent annual review to find out more about the work we do, read more about our finances by viewing our accounts, or find out more about us by selecting one of the options below.

Tel: 0800 808 3555

Email: info@contact.org.uk

Website: www.contact.org.uk

Council for disabled children



The Council for Disabled Children (CDC) is the umbrella body for the disabled children's sector in England, with links to other UK nations. We are the only national body that brings together the diverse range of organisations that work with and for disabled children to support the development and implementation of policy and practice. Our work impacts on over 800,000 disabled children and their families.

Tel: 020 7843 6000

Email: cdc@ncds.org.uk

Website: <http://www.councilfordisabledchildren.org.uk/>

Cystic Fibrosis Trust



Since it was established in 1964, the Cystic Fibrosis Trust has actively supported excellence in research and clinical care, as well as providing practical support and advice to people with Cystic Fibrosis and their families. We are the only UK-wide charity focusing solely on CF.

CF Trust Helpline: 0203 795 1555

Email: enquiries@cftrust.org.uk

Website: <http://www.cysticfibrosis.org.uk/>





Deaf Education through Listening and Talking (DELTA)

Delta is a support group for parents and teachers of severely or profoundly deaf children who want their children to grow up speaking for themselves. It provides information, literature, summer schools and weekends for families who want to learn how to help their children to speak for themselves

Tel: 0300 365 7200

Email: enquiries@deafeducation.org.uk

Website: <http://www.deafeducation.org.uk>



Disabled Parents Network (DPN)

Disabled Parents Network (DPN) is the national organisation for disabled people who are parents or who hope to become parents and their families, friends and supporters. We are here for all parents with a disability or long term health challenge.

Helpline and General Enquiries - 0300 3300 639

Website: <http://disabledparentsnetwork.org.uk/>

Eric



ERIC was started by the Children's Society in 1988. It is the only charity dedicated to helping all children and teenagers with continence difficulties in the UK.

We work to improve the quality of life of children, young people and their families in the UK who suffer from the consequences of wetting and soiling difficulties, to help them manage or overcome these problems. We believe that no child or young person should suffer unnecessarily because of a wetting or soiling problem.

ERIC provides information, support and resources to children, young people and their families and health professionals on bladder and bowel problems.

Tel: Helpline and Information 0845 370 8008

Website: <http://www.eric.org.uk/>

Hearing Voices Network



Is a support network for people who hear voices. They produce literature and organise meetings and conferences. There are self-help groups throughout the country. Contact the head office for more information.

Website: <http://www.hearing-voices.org/>

Website: <http://www.kithandkids.org.uk/>

Limbless Association

The Limbless Association provides information and support to the limb-loss community. We aim to support people of all ages and backgrounds through a variety of existing services. We offer support to individuals of any age, whether they are about to have an amputation or are...

Tel: 08006440185

Email: enquiries@limbless-association.org

Website: <http://www.limbless-association.org/>

**MDF (The BiPolar Organisation)**

The Manic Depression Fellowship is the largest self help organisation in the UK for people who experience episodes of manic depression, and their families. They provide advice, support, specialist literature, and information on local self-help groups. Self-help groups offer members the opportunity to meet other people who have been through similar experiences, and they can help lessen the sense of isolation and provide a safe place.

Tel: 08456 340540

Email: info@bipolaruk.org

Website: <http://www.bipolaruk.org/>

**Newlife Foundation - The Newlife Nurse Helpline**

Newlife Nurses Newlife Nurses are the gateway to information, grants and care. They man a national Helpline which supports and informs families, whether they have just been told of their child's disability or need help accessing local services. The Newlife Nurse Helpline is free, confidential...

Tel: 0800 902 0095 - Monday to Friday 9.30am - 5.00pm (Wed 9.30am to 7pm)

Website: http://www.newlifecharity.co.uk/docs11/about/nurse_services.shtml

**No Panic**

You can phone to request an information pack on panic attacks, phobias and obsessive-compulsive disorder and to find out the number of the day's phone counsellor.

Tel: 03007729844

Website: <http://www.nopanic.org.uk/>

OCD Action

Is an organisation which exists to advance awareness, research and treatment of obsessive compulsive disorder. You can write to them at the above address for information. You can also subscribe and become a member – for which you receive a regular newsletter, including information about self-help groups.

Tel: 03006365478

Website: <http://www.ocdaction.org.uk/>

Papworth Trust



We can give you free information, advice and guidance about disability and any related issues, including:

- Care and support - in your own home, in specialist housing or in a care home, plus respite breaks and support for carers.
- Housing and repairs - services to help you maintain your independence at home, and information about moving to somewhere more suitable.
- Leisure and learning, sports and social activities and short breaks
- Support to get training or work experience and on finding and keeping a job
- Finances and paying for services including benefits, grants, loans and allowances, Council and NHS funding, insurance, financial planning and financial products.
- Your rights including the law, the standards you should expect, how to get what you are entitled to, and advocacy services that can support you.

Tel: Please call us on 0800 952 5000 between 10am-5pm Monday to Friday

Email: info@papworthtrust.org.uk

Website: <https://www.papworthtrust.org.uk/>



REMAP UK

REMAP UK is a voluntary organisation comprising engineers and people with medical and paramedical skills. They give their services free to design and produce individual devices when commercial products are not available.

Tel: 01732 760209

Website: <http://www.remap.org.uk/>

Special Kids in the UK

Families who have children and young people with special needs often deal with similar challenges. They may have concerns about education, services, therapies, respite and other issues directly related to their child. Special Kids in the UK aim is to bring families together for friendship, to share information and to support one another.

Address: Special Kids in the UK, PO Box 1225, Enfield, EN1 9TH.

Tel: 07876 796 453

Email: information@specialkidsintheuk.org

Website: <http://www.specialkidsintheuk.org/#>

STEPS



STEPS is the leading voice of lower limb conditions. Everything we do is about valuing and supporting individuals, families and carers affected by clubfoot, hip dysplasia or any other lower limb condition. Finding out that your child has clubfoot, hip dysplasia or any other lower limb condition can be confusing...

Tel: 01925 750271

Website: <http://www.steps-charity.org.uk/>

The Communication Trust



The Communication Trust is a coalition of over 50 not-for-profit organisations. Working together we support everyone who works with children and young people in England to support their speech, language and communication.

Tel: 020 7843 2510

Website: <http://www.thecommunicationtrust.org.uk>

The Disabled Living Foundation (DLF)

Produces a pack of 24 publications on equipment, each dealing with a specific subject area. This is available in the main library. The DLF also has a Help line: Open 10:00 am 4.00 pm weekdays.

Tel: 0300 999 0004

Website: <http://www.dlf.org.uk/>

The Muscular Dystrophy Campaign



The Muscular Dystrophy Campaign is the leading UK charity focusing on muscular dystrophy and other related conditions. We are dedicated to beating muscular dystrophy and other related conditions by finding treatments and cures and to improving the lives of everyone affected by them.

Tel: 0800 652 6352 (freephone)

Email: info@muscular-dystrophy.org

Website: <http://www.musculardystrophyuk.org/about-us/contact/>



Variety Club

Their work ranges from providing Sunshine Coaches and funding major hospital appeals to providing basic items that will improve the lives of individual disabled children. Each year they donate electric wheelchairs, specialist beds, car seats, sensory equipment, standing frames and many other items that can change the life of a child in need. For more information

Tel: 020 7428 8100

Website: <https://www.variety.org.uk/>

Whizz Kids



Our aim is to ensure that every disabled child has an opportunity to be something special...a kid. There are an estimated 70,000 disabled children and young people in the UK waiting for a wheelchair that fits their young lives. That's where we come...

Tel: 020 7233 6600

Website: <http://www.whizz-kidz.org.uk/>

Young Minds



Is a national, confidential service for parents and carers who are concerned about the mental health or emotional well-being of a child or young person.

Tel: 0800 018 2138

Website: <http://www.youngminds.org.uk/>

Services nationally:

NHS Services and Support available to Carers



You or the Person you care for may be eligible for several types of support from social services. Before the social services department can assist you, it must carry out an assessment of what your care needs are.

Tel: Carers direct call on 03001231053

Website: <http://www.nhs.uk/CarersDirect/guide/practicalsupport/Pages/Overview.aspx>

NHS Direct



Is a 24 hour confidential healthcare advice and information helpline. You can speak directly, and in confidence, to experienced nurses and professional advisors about any health problem or enquiry. Using their skills and experience, together with a comprehensive computer system, NHS Direct can provide you with advice on what to do next.

Tel: 0845 4647

Website: <https://www.nhs.uk/symptom-checker/>

What to do Nationally:



British Disabled Water Ski Association

Aims to introduce newcomers to the sport who, due to their disability, would not have considered the challenge possible. The Association has fully qualified instructors giving expert guidance and assistance to help people take to the water and learn to ski, whatever their disability.

Tel: 01784 483664

Website: <https://www.bws.org.uk/participation/take-part/disabled-water-ski-and-wakeboard/>



Wheel power

Exists to provide, promote and develop opportunities for men, women and children with disabilities to participate in recreational and competitive wheelchair sport. For more information:

Tel: 01296 395995

Website: <https://www.wheelpower.org.uk/>



ClearVision

ClearVision is a UK postal lending library of mainstream children's books with added braille. Our books all have braille (or Moon), print and pictures, making them suitable for visually-impaired and sighted children and adults to share. There are over 13,000 books in the collection, including...

Tel: 020 8789 9575

Email: info@clearvisionproject.org

Website: <http://www.clearvisionproject.org/>



CP Sport Cerebral Palsy Sport

Promotes and seeks to increase sport and physical recreational opportunities for people with a disability and especially those who have cerebral palsy.

Tel: 0115 925 7027

Website: <http://www.cpsport.org/>



Disability Snowsport UK

Provides the opportunity for people with a disability to participate in winter sporting activities'. Anyone with a disability is eligible to participate. The Club organises group winter sport trips to Scotland and overseas. Each activity is supported by volunteer helpers, qualified ski instructors and medics. They offer advice on type of trip, location, accommodation to suit you best. Costs are comparable to brochure prices from ski holiday companies. There is no surcharge for any of the special facilities, equipment or volunteer.

Tel: 01479 788 770

Website: <http://www.disabilitysnowsport.org.uk/>



English Federation of Disability Sport (EFDS)

The English Federation of Disability Sport (EFDS) was established in September 1998. EFDS is a national charity, dedicated to disabled people in sport and physical activity. We support a wide range of organisations to include disabled people more effectively. Our vision is that disabled people are active for life.

Tel: 01509 227750

Website: <http://www.efds.co.uk/>

Flyability

Aims to promote and provide opportunities for people with disabilities to participate in the sport of hang gliding, paragliding and other related forms of flight.

Flyability does not simply take people with disabilities flying, but strives to motivate people with disabilities to become involved in the sport of hang gliding and paragliding and to train as pilots.

Tel: 01439 770657

Website: <http://www.flyability.org.uk/>



Handigolf Foundation

Is for physically disabled people who have to be seated to play all golf shots. Specially designed buggies transport golfers to all parts of the course. Swivel seats enable the golfer to play from any side of the buggy. Buggies cost around £1800 but they can be hired from the Foundation for £175 per year. Specially adapted clubs are used. Permission will have to be obtained to use the buggies on golf courses. Contact the Foundation to see where access has already been gained

Website: <http://www.handigolf.net/>



Happy Kids Holidays



Happykidsholidays is a non-profit making association (llo 1901) aimed at supporting families with children and teenagers with Autistic Spectrum Disorders who want to come on holiday in France. We are registered with the French authorities, registration number W243002752.

Website: <http://www.happykidsholidays.com/index.html>



National Association for Bikers with a Disability (NABD)

An organisation which provides help, in the form of grants, learner machines and obtaining discounted insurance, for disabled people who wish to ride motorcycles.

Tel: 0844 415 4849

Website: <https://www.nabd.org.uk/>



Special Olympics Great Britain (SOGB)

Is the major provider of sporting opportunities for people with a learning disability and provides equality of opportunity for all athletes regardless of ability or degree of disability.

Tel: 020 72478891

Website: <http://specialolympicsgb.org.uk/>

Benefits, Financial support and Funding Nationally:



Caudwell Children

Caudwell Children provide family support services, equipment, treatment and therapies for disabled children and their families across the UK. We also run our Enable Sport programme for talented disabled athletes and our Destination Dreams holiday for children fighting life threatening conditions.

Registered Office: Minton Hollins, Shelton Old Road, Stoke-on-Trent, Staffordshire, ST4 7RY

Tel: 0845 300 1348

Email: charity@caudwellchildren.com

Website: <http://www.caudwellchildren.com>



Cerebra

At Cerebra we believe that all children should have the same opportunities for independence and an ordinary life. Our grant scheme funds up to 80% of the cost of equipment and services to help make life easier and more enjoyable for children with neurological conditions.

Tel: 0800 328 1159

Email: info@cerebra.org.uk

Website: www.cerebra.org.uk



Family Fund

We are the UK's largest provider of grants to low-income families raising disabled and seriously ill children and young people. We help ease the additional pressures families face. We can help with essential items such as washing machines, fridges and clothing but can also consider grants for sensory toys, computers and much needed family breaks together.

Address: Family Fund, 4 Alpha Court, Monks Cross Drive, York YO32 9WN

Tel: 01904 621115

Email: info@familyfund.org.uk

Website: <http://www.familyfund.org.uk/about-us/contact-us>

Get Kids Going!



Gives disabled children and young people the opportunity of participating in sport. They help promote sports for disabled children by providing them with specially built sports' wheelchairs so they can do marathons, triathlons, tennis, athletics, mountain skiing, rugby, basketball etc. They also help and encourage British disabled children to compete by supporting them with their sports; training, physiotherapy, travel, design and development of sports' wheelchairs.

Tel: 020 7481 8110

Website: <http://www.getkidsgoing.com/aboutus.htm>

Help to claim DLA



Disability Living Allowance (DLA) is a non-means-tested, non-contributory benefit in the United Kingdom introduced in 1992 to help with the costs of caring for a child under the age of 16 who may need additional help. There are two separate sections, comprising of a care component and a mobility component.

Website: <https://www.gov.uk/dla-disability-living-allowance-benefit/overview>



Help to claim PIP

Personal Independence Payments (PIP) are payable to adults aged from 16 -64 with additional needs. The payments are regularly assessed to ensure adults are getting the necessary level of financial support

Website: <https://www.gov.uk/pip>



Help to claim Carers Allowance:

Carer's Allowance is a benefit to help you look after someone with substantial caring needs. You don't have to be related to, or live with, the person you care for. You must be 16 or over and spend at least 35 hours a week caring for them. **Carer's Allowance** is taxable.

Website: <https://www.gov.uk/carers-allowance/how-to-claim>



Help to claim Disability Premium for Child Tax Credit:

You could get a basic amount of Child Tax Credit. This is known as the 'family element'. You could get extra elements on top of this. How much you get depends on things like your income and circumstances, e.g. if your child is disabled.

If you get low or medium rate DLA care you could qualify for an additional element per disabled child and if you get high rate DLA care you could qualify for the additional element per disabled child plus the additional element per severely disabled child. When you qualify for DLA contact the Child Tax Credit within 28 days from the date of your award letter to see if you are eligible for back payment from the date the DLA has started.

Website: <https://www.gov.uk/child-tax-credit/eligibility>



Make-A-Wish Foundation ® UK

Any child or young person aged 3 to 17, who is living with a life-threatening illness, can apply to the foundation to make their wish come true. Anyone can refer a child to the organisation, even the child themselves. In due course, once eligibility has been established, trained volunteers will visit the child to ascertain the child's wish. Then the magic begins!

Tel: 01276 405060

Website: <https://www.make-a-wish.org.uk/>



Turn2 us

We believe that no one should have to live in financial hardship. So if you find you're struggling financially or you're worried about money, we're here for you

Website: <http://www.turn2us.org.uk/Find-Benefits-Grants>



Keep Your Head

This website is a central point for information on children and young people's mental health and wellbeing in Cambridgeshire and Peterborough. This site signposts you to important online information and local services on mental health and wellbeing for young people. It's for children, young people, parents, carers, teachers and other professionals.

Website: <https://www.keep-your-head.com/cyp>



My Family Our Needs

This Website is a collection of articles and information relating to supporting a child with additional needs from 0-25. There is also a section for supporting parent carers, information on local events and professional services.

Website: <https://www.myfamilyourneeds.co.uk/>

Educational Support Nationally:



Ace education advice

We aim to offer a comprehensive range of advice and information on education issues. Our information is based on current education law and guidance and covers state funded education for children aged 5-16 years in England only.

Address: ACE Education Advice & ACE Education Training, 72 Durnsford Road, London, N11 2EJ.

Tel: 0300 0115 142.

Email: enquiries@ace-ed.org.uk

Website: <http://www.ace-ed.org.uk/>



IPSEA

IPSEA's trained volunteers give free, legally based independent advice and support in England to help get the right education for children and young people with SEN/disability.

Address: 24-26 Gold Street, Saffron Walden, Essex, CB10 1EJ

Tel: 01799 582030

Website: <https://www.ipsea.org.uk>



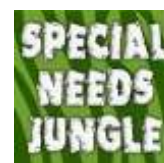
S.O.S. SEN

SOS!SEN is a national charity aiming to empower parents and carers of children with SEN to successfully tackle the difficulties they face when battling for their children's rights.

Tel: 0208 538 3731

Email: admin@sossen.org.uk

Website: http://www.sossen.org.uk/contact_us.php



Special Needs Jungle

Many families do not get the help they need because they do not know where to look or how to cut their way through the increasingly complicated system. We aim to highlight resources and inspire and empower families to do this successfully by providing resources, tips, facts and examples.

Website: <http://www.specialneedsjungle.com/about-snj/>

Jargon buster:

Academy: A state funded school in England which receives its funding primarily directly from and is owned and controlled by central government, not a local authority.

ADD: Attention Deficit Disorder.

ADHD: Attention Deficit Hyperactivity Disorder.

Advice: Written reports from parents, teachers and other professionals on a pupil's special educational needs.

ASD: Autistic Spectrum Disorder.

CAF: Common Assessment Framework. A method of assessment which can be used by social services, health or education. It is non statutory, i.e. it does not replace statutory assessment.

CAFA: The Children and Families Act 2014.

CAMHS: Child and Adolescent Mental Health Services.

Care plan: A record of the health and/or social care services being provided to a child or young person.

CCG: Clinical Commissioning Group. This is an NHS organisation which brings together local GPs and health professionals to take on commissioning responsibilities for local health services. A CCG plans and arranges the delivery of the health care provision for people in its area.

Code or CoP: The Special Educational Needs and Disability Code of Practice 2015. This contains statutory guidance on the Children and Families Act 2014.

CP: Cerebral Palsy. Physical impairment that affects movement. People with CP may have mobility problems which vary from barely noticeable to extremely severe. Those with CP may also have sight, hearing, speech, perception and learning difficulties. Between a quarter and a third of children and adolescents with CP, and about a tenth of adults, are also affected by epilepsy.

CSDPA: The Chronically Sick and Disabled Persons Act 1970. This is one of the main Acts of Parliament which entitle disabled people to social care.

DfE: Department for Education.

Direct Payments: Payments made in lieu of services being provided. Direct Payments may be available for health care, social care and for the special educational provision in an EHC plan.

Disagreement Resolution (sometimes called "Dis Res"): The dispute resolution service offered by a local authority to resolve disagreements between parents and the local authority. NB. This is not always an independent service and it does not necessarily mean mediation which has a specific meaning (see below).

EA 1996: Education Act 1996.

Early Years Provider: A provider of early education places for children under five. This can include state funded and private nurseries.

EFA: Education Funding Agency, An arm of the Department for Education. It allocates funding to local authorities for maintained schools and voluntary aided schools. It is also responsible for funding and monitoring academies.

EHC needs assessment: An assessment of the education, health care and social care needs of a child or young person conducted by a local authority under the Children and Families Act 2014.

EHC plan: An education, health and care plan as defined in section 37 (2) of the Children and Families Act 2014.

EHRC: Equality and Human Rights Commission.

EP: Educational Psychologist.

EqA or EQA: The Equality Act 2010.

EYFS: The Early Years Foundation Stage. A statutory framework which covers children both in pre-school settings and in reception classes up to their fifth birthday.

FE: Further Education. The FE sector in England includes further education colleges, sixth form colleges, specialist colleges and adult education institutes. It does not include universities.

Free school: A type of Academy.

Healthwatch England: Healthwatch England is an independent consumer champion, gathering and representing the views of the public about health and social care services in England. It operates both at a national and local level.

HI: Hearing Impairment.

Home authority: This usually means the local authority in which a child or young person is ordinarily resident (and which therefore has the responsibility to the child or young person under the Children and Families Act 2014).

ICB: integrated care board, A statutory NHS organisation responsible for developing a plan for meeting the health needs of the population, managing the NHS budget and arranging for the provision of health services in the ICS area. The establishment of ICBs resulted in clinical commissioning groups (CCGs) being closed down.

IEP: Individual Education Plan. A plan which sets out the support a child is receiving in their school or other setting. There is no longer a specific requirement for children with SEN to have a plan called an IEP under the Code but children with SEN may still have IEPs.

Independent school: A school that is not maintained by a local authority.

Independent supporter: A person recruited locally by a voluntary or community sector organisation to help families going through an EHC needs assessment and the process of developing an EHC plan.

LA: A local authority in England.

LDA: A learning difficulty assessment under section 139A Learning and Skills Act 2000.

Local Healthwatch: The local version of Healthwatch England in a particular area.

LSA: Learning Support Assistant, also sometimes called Teaching Assistant (“TA”).

Mainstream School: State school which can meet the needs of most children.

Maintained school: Schools in England that are maintained by a local authority – any community, foundation or voluntary school, community special or foundation special school.

Mediation: A method of seeking to resolve disagreements by going to an independent mediator. Mediation must be offered to a parent or young person in relation to an EHC Plan. Mediation is not compulsory for the parent or young person but they will need to consider mediation before appealing the education parts of an EHC plan in most cases.

MLD: Moderate learning difficulties – not a legal term but often used in relation to the description of a school, i.e. an MLD school.

National curriculum: A statutory entitlement to learning for all pupils, determining what should be taught and setting attainment targets for learning. It also determines how performance will be assessed and reported. Children’s expected progress is currently determined by reference to standardised national curriculum “levels” which prescribe the expected attainment for pupils in each year group. This aspect is set to change in the near future but we expect something else to be put in its place.

OCD: Obsessive Compulsive Disorder.

ODD: Oppositional Defiant Disorder.

Ofsted: Office for Standards in Education, Children’s Services and Skills. This is the body which inspects and regulates services which care for children and young people and those providing education and skills for learners of all ages.

OT: Occupational Therapy, sometimes used to refer to the occupational therapist.

PCP: A provision, criteria or practice (relevant for indirect discrimination and the duty to make reasonable adjustments under the EqA).

PDD: Pervasive Developmental Disorder.

Personal Budget: A Personal Budget is the notional amount of money which an LA has identified as necessary to secure the special educational provision in an EHC plan.

PMLD: Profound and multiple learning difficulties.

Portage: Home-based educational support for pre-school children with SEN.

PPO and PPS: Parent Partnership Officer who operates within a Parent Partnership Service; every local authority must have one. They provide advice to parents about SEN. They range from large services sometimes run by voluntary organisations to services run by a single part-time member of staff.

PRU: Pupil Referral Unit - for children who need to be educated out of school, often because they have been excluded. They have the same legal status as schools in some respects but do not have to teach the national curriculum.

RB: The responsible body of a school.

SEN: Special educational needs.

SENCO: Special Educational Needs Co-ordinator – the teacher with responsibility for coordinating special help for children with SEN at their school.

SEND or the Tribunal: The First-tier Tribunal, Special Educational Needs and Disability – sometimes referred to by its former name “*Sendist*”.

SEP: Special educational provision.

SLD: Severe learning difficulties – not a legal term but often used in relation to the description of a school, i.e. an SLD school.

SLT or SALT: Speech and Language Therapy, sometimes used to refer to the Speech and Language Therapist.

Special school: A school which is specifically organised to make special educational provision for pupils with SEN.

Studio School: A type of Academy.

TA: Teaching Assistant also sometimes called Learning Support Assistant (**LSA**).

UTC: University Technical College (which offers academic and technical education to secondary school pupils) – a type of Academy.

VI: Visual impairment.