

# 2018 Participation and Engagement

## **1. Overview**

Family Voice has reached on this year 535 individuals have been involved at some level via face to face meetings/events/trips/ Facebook Polls and discussions ``through different forms of participation and engagement, this is an overall figure from the broken down activities below. Family Voice has a 58.33 % of attendance across training, workshops, support groups and sessions with professionals.

The attendance of events has at least double in the last year, with a minimum of 25% increase on some of our annual events such is our Annual conference, including other activities such the Asian Cuisine day had over 200 attendees on the day compared to 75 individuals in the previous year, which represents a 274% increase in attendance.

Around 70 Professionals have been involved with Family Voice at some level via face to face meetings/ events/ attending meetings and co-delivering training.

112 parents have engaged with Family Voice via online Surveys and opinion polls.

Participation among fathers has increased with new father's attending our sessions, with 4 new fathers attending our participation events for the first time.

The collection method was qualitative and quantitative, and collected based on feedback forms, attendance registers, social medial polls, online surveys, and case studies.

### **1.1 Population**

All parents and professionals attending our events are Peterborough located and across borders with Cambridgeshire and Lincolnshire, from a diverse disability background both physical and mental health, such is Autism Spectrum Disorder, Global Development Disorder, Hearing Impairment, Spina Bifida , Chromosome Disorders, Down Syndrome( the list is not exhaustive but mere as an example of the diversity).

Ethnicity has been self-reported as: white British, Asian –British, Pakistani, White mixed, Dutch , American, Slovakian, Portuguese, Brazilian, Chinese, Polish, South-African, Irish Traveller, Romany, Gambian.

Parents have reported to be members of Peterborough Deaf children Society (PDDCS), Peterborough Area Down Syndrome (PADSG), Little Miracles (LM), National autistic Society (NAS), Aiming High Group (AHG), Carers trust Peterborough, and other Short breaks agencies such Circles Network, Inspire Peterborough.

## **2. Training sessions**

Family Voice has held 3 training sessions, 1 on challenging behaviour, 1 Expert Parent Program and 1 Parent Participation with a total attendance of 19 families from different ethnic backgrounds including /seldom heard families.

Parent Participation	Challenging Behaviour	Expert Parent Program
5	6	8

**Fig.1 Training figures from April 2018**

### **3. Breakfast meetings**

The aim is to make parents and carers feel comfortable about coming into schools or any other venues where they can discuss any concerns that they may have about their child's individual needs, or indeed their own individual needs as parents.

In our coffee mornings intent is to pass information related to SEND this includes any services related to education, health and care of children and adults with Special needs. We offer a friendly place for parents/carers and get them together to socialise and feel included. Coffee morning provide a platform for parents to be able to say make requests about the information that they want discussed. FVP has offered themes around Early Help, Transitions, EHCP's and Short Breaks.

1. Educational Setting name	Number of parents that engaged on the day
Middleton Breakfast meeting	22
John Fisher Breakfast Meeting	8
COPASS Breakfast meeting	3
July 2018	
<b>Eyrescroft Afternoon</b>	2

**Fig. 2 School Breakfast meetings from May 2018 to Jul 2018**

## 4. Focus groups

Family Voice has engaged with a variety of focus that is the result of our intensive co-production work with the local agencies, in the areas of Education, Health and Social Care. Focus groups are a form of getting the views of the parent carer face to face and at the same time of any information that the parent may find useful to their personal situation. Family Voice has engaged in total with 21 different families.

<i>Focus Groups</i>	<i>Attendees</i>
Local Offer (pop ups, etc )	7
Post 16 Transport	5
Mediation and DR Services	3
ASD Language service and merge	6

Fig.3 Focus Groups held from April to July 2018

## 5. Activities

So this year FVP aimed to build on the success of the previous year and strengthen are relationships with the aiming high group Within Seldom heard communities this gives an opportunity for communities to come together and interaction in a safe environment without fear of prejudice or discrimination whilst also giving other communities the opportunity to learn interact and appreciate the additional challenges that one another face.

The Asian Cuisine day encourages everyone to experience culture sharing through food and activities. The same objective is encouraged on our trips which this year was to Chessington theme park.

A total of 314 individuals composed of siblings, parent carers and children with SEN have attended both events.



Asian cuisine2018- Activities and Entertainment



Asian cuisine 2018- Stalls on the day



Asian cuisine 2018-Some of our volunteers on the day- BGL team



Trip to Chessington 2018



Trip to Chessington 2018 (Cont)



Chessington 2018 – Staff and Volunteers

## 6. Workshops

Family Voice holds workshops to engage in intensive discussion and activity on a particular subject or project, or to give crucial information to parents as result of gap in the services or change within a service structure that may leave families at disadvantage. In total 31 families have engaged in our workshops since the beginning of 2018. Please see below the graphic of the workshops held at Family Voice.

WORKSHOP	ATTENDEES
GENETICS	7
GDPR	5
PIP	8
PARTICIP.	11

Fig. 4 2018 workshops hold by FVP

## 7. Schools engagement

**7.1** Family Voice has either engaged or maintained engagement with 15 Educational settings from early year's settings to colleges and has established on going participation, training and engagement sessions. Most sessions are starting from September 2018 onwards. School engagement was increased by nearly 60% since January 2018. This means that in practical terms Family Voice is supporting more schools and parent carers and Children in those educational settings.

**7.2** Family Voice is in the process of developing a co-production framework that will help to support schools and parents in the most common needs felt by the parent carers:

- Coffee morning at least once a term on each Educational setting with either a theme agreed between Family Voice and the educational setting with prevalence for problematic areas such EHA, EHCP, PFA, and the Voice of the Child.
- Training at least once a term for new and existent Parent carers within each educational setting
- Planning sessions around building resilience in parent carers and end of the year transitions.
- Co-Production work with wellbeing team and Project for families around parent carers needs.
- Co-Production work with Preparing for Adulthood and the Voice of the CYP.

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